

TWISTED NEWS

Maryland Twisters Newsletter

October 2017

October's Athlete of the Month

Hanover: Savannah Tasker - Cold Front Front

How have you seen Savannah improve since the beginning of this season?

Her tumbling has gotten to much stronger! You can tell she is putting in the time and the work to be competition ready.

What does Savannah contribute to the team?

She is the type of athlete you can build a stunt group around. She can pretty much go under any group and we know it will be solid and hit!

What would her teammates say about her?

That she is a sweet young lady and one heck of a stunter!

What advice can you give Savannah going into competition season?

Continue to stay on the path that you are on and you will have an unforgettable season! We can't wait to see what is in your future.

Coach Mitchell and Brittany



"Savannah is the type of athlete that is ready to jump in and help any stunt. She truly is a technician when it comes to grips. To top it off she has a positive attitude. She has been a pleasure to coach. Congrats Savannah!"

~ Coach Mitchell

Sterling: Kayla Rucker of Forecast

What makes Kayla stand out on her team?

Kayla has a resilience on this team that standouts to the coaches. She is not only a talented athlete but has the potential to grow incredibly in the program. She continues to stand out at practice by always putting her best effort forward and being determined when she comes in contact with a challenge.

How have you seen her improve since this summer?

She continues to be an outstanding athlete that improves her skills in and out of practice. We have seen her improve since the summer in her overall tumbling ability and stunting capability, especially with the our challenging stunts.

What can others on her team learn from her?

Learning from Kayla as one of her teammates is simple, one would only need to be present around her to observe her swift approach to any challenge presented to her.

What can we expect from Kayla this season?

She can only continue growing in her skills and overall cheer ability with the current attitude and mindset she has.

Coach Becky and Benito

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"Kayla is not only an athlete whom other athletes can learn from but anyone who walks into Twisters can observe how well she personifies the program as a whole. We are very proud of Kayla and can not wait to see what she does next!"

~ Coach Benito

Happy Birthday to YOU!

Reese Allen, Kaylee Arvin, Ashley Bernath, Kelsey Boettcher, Samantha Boucher, Skye Brouillette, Kylie Bulger, Whitney Burgess, Kylie Byrd, Bailey Christian, Auja Contardo, Samantha Crimson, Adalia Funderburk, Katerina Giordani, Mackenzie Goodwin, Allie Gorsuch, Rachel Hammond, Nyah Handsom, Nataleigh Hardesty, Alexis Heath, Sa,amtha Herdrich, Madison Hicks, Kylie Jackson, Lexi Johnson, McKenna Katzenberger, Elise Kocak, Lela Lanier, Nhyani Lewis, Nia Lewis, Brea Littlejohn, Lexi Lowry, Karina Lynn, Ashleigh Mackin, Isabella Maduro, Kaitlyn McCord, Brielle Miller, Kameron Mishoe, Keeyana Nejat, Teirzah Pipkin, Deja Powell, Kayla Regan, Julia Sell, Hannah Simms, Alison Smallwood, Benisha Smith, Kieraten Swann, Valencia Tatum , Rylee Turner, Olivia Valentine, Kaitlyn Weaver, Ayla Zdanowski

MDT 5K



October Nominees:



Grace Grinstead - Surge

"Grace is a huge asset to Surge. She has consistently improved throughout the season because of her incredible work ethic. She has the "it" factor as a performer where it's hard to keep your eyes off of her! Keep it up, Grace!!"

~ Coach Becky



Kendal Trojan - Supercells

"Kendal really stepped it up when her team needed her. She transitioned from a backspot into the role of a side base seamlessly. She is a hard worker and continues to push herself and set an example for her teammates."

~ Coach Kristen



Brea Littlejohn - Little Winds

"Brea always gives 100% at practice. She is very respectful of her coaches and teammates. She is a very strong tumbler who is always ready to learn new skills!"

~ Coach Amber



Elaina Combs - Cyclones

"Elaina always goes the extra mile. She is always the first with conditioning and stretching posts, early to practices, and always works very hard!"

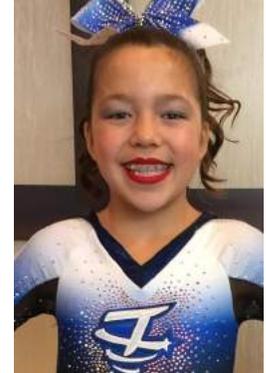
~ Coach Kristin



Karla Bonilla - Smoke

"Karla is new to the Maryland Twister family and we are so happy to have her. Karla is a hard working athlete who is willing to learn new roles in stunting. She has become one of the most consistent main bases on Smoke. Her tumbling technique and skills have truly grown while training over the summer. She's a hard worker, dedicated, and an extreme pleasure to coach!"

~ Coach Shonte



Alexis West - Haze

"Alexis is an extremely strong team motivator and leads by example. Along with being one of our strongest bases, she is always pushing herself and her teammates to be their best. Alexis goes above and beyond to create a great practice atmosphere."

~ Coach Brittany



Mary Sergi - F5

"Mary was chosen as the F5 Athlete of the Month because of the positive attitude that she always brings to practice. If you have ever seen Mary at practice, she is always smiling and genuinely has positive glow. Even when things go wrong she can always see the positive in the situation. When athletes are chosen for F5, they are chosen based on ability; however, talent is only part of the of the recipe for F5. The other part is positivity she brings to the team. Practices are tough, competitions are tough and I know that many people on the team and in the gym look forward to her calming and infectious smile. Mary keep up the good work!!"

~ Coach Will

Madeline Baker - Breeze

"This is Maddie's first year cheering at Twisters and since her very first practice she has always been a pleasure to coach. Maddie is such a hard worker and always gives 100% at each practice. Since the summer Maddie has improved immensely on her tumbling and stunting skills. She always has a smile on her face and is a great role model to her teammates due to her positivity. We are extremely proud of what she has accomplished so far and can't wait to see how she continues to grow as an athlete. Keep up the good work Maddie!"

~ Coach Meghan



David Pellegrini - Blackout

"David is a second season Twister athlete who is constantly reaching for the stars. Last season David cheered on Velocity and that team placed second at The Summit. This year he cheers on Blackout and never stops tumbling. If there is a combination to a double that you can think of asking him to do, he will try then shortly after succeed. Every time I look at who ever is around him, they are all smiling so I know he must have said and done something funny. Thanks for all your hard work David and being a great teammate!"

~ Coach Chase

Upcoming Events:

DOT Dance
November 4th

6:30-9:30 pm, at the gym
Tickets available on iClass or the front office

Winter Cheer Evaluations
November 18th

10:00 am-1:00 pm

Thanksgiving Closure
November 22nd-25th

Enjoy your Holiday break!

Showcase
December 3rd

Showplace Arena, Upper Marlboro, MD



HAPPY HALLOWEEN!



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Give us a call for more information about our services and products

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