



TWISTED NEWS

Maryland Twisters Newsletter

December 2017

December's Athlete of the Month

Hanover: Chris Murphy - Smoke

How have you seen Chris improve?

Chris has fully recovered from a serious injury. He has returned stronger than ever with beautiful tumbling technique.

What can his teammates learn from him?

No matter what obstacles, keep working hard and achieving personal goals as well as team goals.

What does Chris contribute to his team?

He's a natural leader who constantly motivates the team with a positive energy. He's does an incredible job at keeping the team focused and holding team mates accountable.

What can we expect to see from Chris this season?

Leading his team mates in a clean perfectly executed routine.

Coach Shonte, Mitchell, and True

Sterling: Kassidy Weatherford - Haze

How have you seen Kassidy improve since the beginning of the season?

Not only had Kassidy improved skill wise, but also she has grown and improved her confidence. She uses that confidence to help rally her teammates, and shine during her performance on the mat.

What makes Kassidy stand out on Haze?

Kassidy is a sunburst of energy. She comes in each practice with a smile on her face ready to learn and excel in our routine. She brings determination to each skill she sets out to achieve.

What would hear teammates say about her?

Kassidy has come to Maryland Twisters and the beginning of this year and had an instant connection to her teammates. She has made a point to bond with each athlete on Haze and helps bring out the best in their performance. Her teammates go to Kassidy for support and anytime they need a smile on a tough practice day.

What advice can you give her as we enter the competition season?

We have made awesome progression with our routine so far throughout the year and we will continue to challenge Haze. Keep up the positive energy and determination throughout our competition season. The more confident we get with each routine on the competition floor the stronger our performance will get!

Coach Brittany and Madison



"Chris was a varsity soccer player that had a passion for being on the blue mat and under the lights. He bounced back from a dislocated thumb earlier this season and has done an amazing job proving no matter what obstacles are thrown your way to keep pushing towards your goal. Now his tumbling is stronger than ever. Chris isn't afraid of leadership. He has naturally stepped up and become the voice of reason on Smoke. He does a great job at keeping the team focused on whatever may need to be get accomplished during practice. Athlete of the month was a no brainer."

~ Coach Mitchell

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"Kassidy is a very important part of the Haze team. She comes in with a can do attitude and a willingness to learn that inspires her teammates. Kassidy not only strives to learn new skills but to perfect them."

~ Coach Brittany

Happy Birthday to YOU!

Emma Atkinson, Meah Baker, Jordin Barnett, Aubrey Barretto, Hailey Bassett, Alayna Birchfield, Whitney Booth, Madison Brouillette, Sydney Brown, Averi Cain, Destiny Carrington, Chloe Collier, Cheyenne Costin, Mya Darden, Gabriella Gilpin, Amanda Gretchen, Chloe Hillhouse, Haley Holder, Abigail Ivey, Kayla Janek, Raegan Jones, Katie Kucner, Alyssa Lehrmann, Ashleigh Meade, Caitlin Meleney, Genny Mensah, Nydia Myles, Abby Pedini, Annabelle Perry, Grace Pippin, Eva Pisano, Alexis Queen, Leah Rabinovitz, Adriene Sampson, Mary Sergi, Samantha Shock, Haley Shuman, Makayla Stafford, Tania Teasley, Kamayah Terry, Catalina Toccalino, Cristina Vannoy, Ra'Nyah Washington, Alexis West, Kendall Whaley, Jehmar Williams, Victoria Wooley, Cienna Young, Riley Zemcik

Club Zero Leaders

First place - Breeze, Little Winds, Thunder, Surge - 20 points

Second place - Flurries, Sidewinders, Lightning, Supercells, Reign, Sprinkles, Radar, Forecast, Ice, Blackout - 10 points

Upcoming Events:

Beast of the East Nationals

January 13th-14th

Atlantic City, NJ

MD: Levels 3, 4, 5

VA: Levels 3, 4, 5

MD Cup

January 20th

Upper Marlboro, MD

MD: All Levels, except Reign and F5

VA: All Levels

The MAJORS

January 26th

Indianapolis, IN

MD: Reign and F5

Daddy and ME Stunt Clinic

January 27th

Hanover

December Nominees:



Evan Mello - Supercells

"Over the last few years we have watched Evan become a standout tumbler on his team. But this season, his stunting game has really stepped up! His technique has improved tremendously! Evan is becoming an all around elite level athlete and we can't wait to see what's in his future!"

~ Coach Kristen



Elana Shapero - Surge

"Elana is brand new to cheer this year and has picked up quick! She is receptive to corrections and eager to learn. She's such a great asset to Surge!"

~ Coach Becky



Adriana Rivas - Cold Front

"Adriana is a major contributor to Cold Front. She is open to any task given to her and shows true leadership amongst her team. Her positivity, vibrant spirit, and "Sass" on the mat is infectious."

~ Coach Brittany



Rachel Hoffman - Blackout

"We picked this outstanding athlete because how quietly she exudes confidence in her skill set. We are usually clapping every time she tumbles and her basing technique is great. If there is something Rachel can make better, she listens and applies. She is an essential member to this team. Thank you for not only being a awesome cheerleader but a good friend to everyone on Blackout."

~ Coach Chase



Shiloh Thompson - Cyclones

"Shiloh, although the youngest on the team, has been steadily progressing her skills. Shiloh works hard and every practice and listens to her coaches. She come to every practice with a smile on her face. She is a pleasure to have on the team!"

~ Coach Kristin



Elle Mishler - Forecast

"Elle is the youngest on Forecast but she is very mature. She is in the gym multiple times a week putting in extra work. She's a great teammate. And she has a special talent that you just can't teach!"

~ Coach Benito



Haley Gerler - Storm Chasers

"Haley is new to the program this year and has really shown improvement so far. She is willing to try anything that we throw at her and she does it with a smile on her face. She came into practice very shy at first and has really opened up since then. She gets along with everyone and always has a positive attitude. She puts on a show and makes everyone smile. We are very proud of how much she has improved in the 3 months since Chasers started practice and her dedication to get there."

~ Coach Shyanne

Skylar Judd - F5

"Although Skylar has received many accolades this season, we are nominating her because of her performance on the mat and as leader. On the mat Skylar is a fierce competitor. She constantly works with a winning attitude in mind. At competition, she has a quiet demeanor because she is focused on hitting and winning. And when she hits the mat, her performance energy is amazing. As a leader, Skylar has stepped up to mentor and guide her F5 teammates. She pushes her teammates to be the best that they can be at practice while giving her all. She also mentors them on how to achieve their best performance. She is part of the reason that F5 is off to a great start this season. Skylar congrats on being nominated for AOTM!"



~ Coach Will

Nyah Handsom - Little Winds

"This is Nyah's first year with Maryland Twisters and we are very impressed with her personal growth in such a short amount of time. Nyah is a team player. When at practice she is committed to working hard. What is most impressive about Nyah's season so far is her adaptability to learn new skills. She listens well to directions and changes to improve both her tumbling and her stunting. Nyah gives 100% at practice to the coaches and her teammates. Nyah is a pleasure to coach and we look forward to see more good things from Nyah in the competition season."

~ Coach Hollis



Emily Tsai - Breeze

"This is Emily's first year cheering at Twisters. And since the very first practice, she has always been a joy to coach. Emily is such a hard worker and always gives her all to each practice. Emily has improved immensely on her tumbling and flying skills. She is always eager to learn new skills and loves performing the routine. Her love for the sport truly shows when she is out on the mat. We are extremely proud of what she has accomplished so far and can't wait to see how she continues to grow as an athlete. Keep up the hard work Emily."

~ Coach Meghan



Competition Totals

Third Place finishes: 3

Second Place finishes: 4

First Place finishes: 13

Grand Champions: 2

At Large Summit Bids: 2

Full Paid Worlds Bids: 2



Congratulations to our December National Champions!

Storm Chasers, Eye of the Storm, Breeze, Little Winds, Surge, Thunder, Lightning, Forecast, Fierce Winds, Smoke, Supercells, Reign, and F5!

