

TWISTED NEWS

Maryland Twisters Newsletter

August 2017

August's Athlete of the Month

Hanover: Hannah Walker of F5

What makes Hannah stand out on her team?

Hannah is a stand out on her team because she is extremely versatile. She really performs at the upper level of all areas of cheerleading. She has strong, consistent standing and running tumbling that has great form. She has good jumps, motions, and performance. She can also base and fly. However, what makes her stand out most is her positive attitude towards all challenges and practices. Hannah is a coachable athlete that takes a challenge and excels.

How have you seen her develop as an athlete?

Hannah has become a better teammate and athlete during her two years at Twisters and on F5. Her tumbling skills have improved over the past two years. Also, she has learned to base elite level stunts in a very short amount of time. Last year Hannah was a flyer, and this year she has learned to be a strong and consistent main base. Hannah has put in the work to be great at whatever task, position, or challenge she is given.

What would her teammates say about her?

Hannah's team would say that she is a quiet hard worker that is a true team player. They have all noticed the work that she has put in be the best teammate she can be and how she has put the needs of her team before her own.

What can we expect to see from Hannah this season?

We can expect great things from Hannah. On the mat, she is going to put on a great show and perform in the true spirit of Maryland Twisters and F5. Off the mat, you will see her working hard in the gym, encouraging others, and pushing her team to be best they can be. Hannah is a great role model for all those girls that are willing to put in the work to make F5. She really embodies the spirit of Maryland Twisters and we are glad to have her.

Coach Will, True, and Tara

Sterling: Hannah Walls of Surge

How have you seen Hannah improve since the beginning of the season?

I've seen improvements in all aspects of Hannah's cheerleading. She has progressed in tumbling, stunting and flyer flexibility!

What does she contribute to her team?

Hannah leads by example. She does everything us coaches ask of her without question, comes in extra for classes, and always has a positive attitude.

What would her teammates say about her?

She is a great teammate and fun to be around.

What advice can you give Hannah as we gear up for competition season?

Be more confident as a flyer, and keep on pushing yourself!

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This is Hannah's second year at Twisters and on F5. She has made tremendous strides as a main base who used to be a flyer as well as increased her tumbling difficulty. There are many great things about Hannah that have carried over from last season. First, her work ethic is always to give 100%. She is coachable and takes direction well. Second, she is dedicated to her craft. She was given the task of learning how to main base and she is always at practice working to be the best. Last, she is always pushing herself to the next level. She is always training harder more advanced skills, especially when it comes to tumbling. We are proud to have Hannah on the team because of her positive, coachable, and infectious attitude. Thank you for being a great example of team player! Congrats on Athlete of the Month!

~ Coach Will



"Hannah is such a hard worker! She always leads by example and pushes herself to the next level."

~ Coach Becky

Happy Birthday to YOU!

Brooke Bogaczyk, Megan Boyd, Gracie Brown, Cindy Chang, Leilani Charles, Elaina Combs, Katie Crews, Jerry Dallas, Lilyana Donnelly, Melody Fitzwater, Nevaeh Garrett, Haley Gerler, Madison Gillespie, Adriana Goodwine, Kayla Hairston, Brennan Harris, Kimar Holcey, Jake Hurman, Bailey Jayne, Kira Lao, Eva Lawson, Terrel Lowery, Harmonie Marshburn, Lillian McFarland, Maggie Regan, Adrianna Sauro, Claudia Schultz, Amelia Schwarz, Alexander Sheeler, Shiloh Thompson, Hannah Walls, Chencia Winston



2016-2017
Jay Fuller
Scholarship
Winner:
**Congratulations
Kyla Clarke of F5!**

Upcoming Events:

Labor Day Closure

Friday, September 1st - Monday, September 4th
All Classes and Practices are Canceled
Check with your instructor regarding Privates
We reopen Tuesday, September 5th

Choreography

September is Choreography Month!
Check with your team reps for your dates!

Save the Date!

Winter Cheer Try Outs

November 18th

August Nominees:



Abby George - Haze

"Abby is one of Haze's amazing flyers. She always gives 110% at practice and is constantly in the gym working to perfect her skills. We are excited to have her passion and energy to drive our team!"

~ Coach Brittany B.



Bridget Hendrick - Sirens

"Bridget has a great work ethic. She came off an ankle injury and there's been no stopping her since. She pushes herself and motivates her teammates. She's done a great job at assisting her flyer on transitioning into level four flying skills."

~ Coach Shonte



Megan Galindo - Cyclones

"Megan is truly one of the hardest workers. Even through injury she wanted to practice. So much heart and desire to improve her skills. She embodies the Twister can do spirit."

~ Coach Shelly



Hayden Yancy - Breeze

"Hayden has been a joy to coach. She is a positive role model for the girls on the team. She always has a smile on her face and ready to learn new skills at practice. She's such a hard worker and is always improving her tumbling skills. We can't wait to see what else she will accomplish this season."

~ Coach Meghan



Taylor McCoy - Supercells

"Taylor is a first year Twister and we are very excited to have her on Cells. From her tumbling to her stunting she is the epitome of POWERHOUSE! We can't wait to see what's in her future!"

~ Coach Kristen M.



Jordin Barnett - Forecast

"Jordin can step into any stunt group and make stunts hit. She is the kind of athlete all coaches wish for! Talented and respectful. Keep it up Jordin!"

~ Coach Becky

August Nominees:



Skye Brouillette - Little Winds

"Skye was chosen as our Little Winds Athlete of the Month because of her work ethic. Skye always comes to practice ready to work hard and learn new things. She is fearless and will try anything asked of her. She is always respectful and kind to all. She listens and takes direction well. Skye has shown great improvement from last year. Skye is committed and can be found taking extra classes or privates to make her the best she can be. Her body positions are beautiful. We cannot wait to see what this season has in store for Skye!

~ Coach Hollis



Logan Voegele - Blackout

"Logan is a first year Twister. In just over a months time he gained a standing full and his running double. His motivation and passion for cheer leading is inspiring. Not only is he perfecting the new tumbling skills he gained but he put's a lot of focus on his stunting as well. Congratulations Logan and keep up the great work! "

~ Coach Chase



Mailey Rash - Cold Front

"Mailey is a first year Twister and is already showing her fierceness as a flyer and always displays a positive attitude onto her teammates. We are super excited so see her shine on the mat this season!"

~ Coach Brittany L.

Contact Us

Give us a call for more information about our services and products

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