

# TWISTED NEWS

Maryland Twisters Newsletter

August 2018

## August's Athlete of the Month

### Hanover: Auja Contardo - Supercells

#### What can we expect from Auja this season?

We can expect to see a strong consistent athlete on the floor. Last season she was on two teams and never disappointed either team! She put in double the work, was under double the amount of pressure, and she stepped up every single time! She was able to compete with both of her teams at Finals at Summit last season! Her consistency as an athlete makes her someone her teammates can trust and depend on.

#### What makes Auja stand out on her team?

She contributes to every section of the scoresheet! She is an elite level tumbler and a flyer on the team. Her tumbling is only getting stronger! And you can really see her personality shine in the air! She loves to perform!

#### What can her teammates learn from her?

Auja is the perfect balance of fun and work! She always gets the job done with a smile on her face. Her goofy and light hearted personality helps keep practice light and fun. And she is always the first one to cheer on her teammates.

#### What advice can you give Auja for the season?

It's time to step into the spotlight and SHINE! You've put in the work and the time, you are ready to help lead the team this season!

Coach Kristen M. and Matt G.



*"Auja has really stepped up since last season. She has been honing her craft and focusing on her technique and execution. She has improved so much over these last few months! We can't wait to see what's in store for her this year!"*

~ Coach Kristen M.

## In This Issue

- August Athlete of the Month Winners!  
Hanover: Auja Contardo of Supercells  
Sterling: Morgan Lewis of Haze
- Happy Birthday to You!
- Upcoming Events
- August AOTM Nominees
- Twisted Pics: Summer Camp, Choreography, and Team Bonding Fun!

### Sterling: Morgan Lewis - Haze

#### What makes Morgan stand out on Haze?

Morgan is an excellent listener, she catches on very quickly and we can tell she practices her counts at home.

#### How have you seen her improve this summer?

Morgan had her bridge kick-over at the beginning of tryouts and has worked hard to accomplish her BWO and has pushed herself to achieve the goal of her back handspring!

#### What can her teammates learn from her?

Morgan's teammates can learn from her that having a positive attitude, even when conditioning and putting in 100 percent effort will make you a strong athlete.

#### What advice can you give her as we head into Competition Season?

Work hard, know the routine like the back of your hand and above all, have fun! We are proud of your hard work, keep it up!

Coach Shelby and Chardae



*"Morgan is an incredible athlete, she works hard inside and outside of the gym. She takes her role as a flyer very seriously and not only comes to flight school with enthusiasm but works hard at home and shows improvement in her stretches each week. She always comes in with a positive attitude and is always willing to try something new. She is determined, inspiring, and a great role model for this team!"*

~ Coach Shelby

## Happy Birthday to YOU!

Jordan Battenfeld, Jillian Black, Amina Brown, Chandler Carroll, Denis Cook, Katie Crews, JJ Dallas, Erin Gaither, Nevaeh Garrett, Tianna Graham, Kayla Hairston, Brennan Harris, Liya Hart, Brooke Hayward, Juliana Hines, Jake Hurman, Eryn Jackson, Delaney Jones, Kaytlyn Krick, Kira Lao, Harmonie Marshburn, Anjuli Morales, Farrah Nunley, Naomie Ofwono, Jaida Parker, Naya Perez, Adriani Pinto, Costin Roane, Olivia Rodney, Taylor Rodney, Adrianna Sauro, Zoe Scontras, Elana Shapero, Shiloh Thompson, Outumn Walker, Hannah Walls, Destiny Weaver, Taryn Wilson, Chencia Winston



**WINTER CHEER  
ATHLETE EVALUATIONS**

**SAVE  
the  
DATE**

**Saturday, November 3rd**

Visit [www.marylandtwisters.com](http://www.marylandtwisters.com)  
for more details.

The graphic features a group of five young cheerleaders in blue and black uniforms with large blue bows in their hair. A white arrow points from the group towards the 'SAVE the DATE' circle and the event date.

## Upcoming Events:

### Gym Closure - Labor Day

**August 31st-September 3rd**

The gym will be closed for the holiday.

All Classes and Team Practices are canceled.

Check with your instructor regarding Privates.

### Choreography

**September and October**

Be on the look out for an upcoming  
Choreography schedule. September -  
Routine Choreography, October -  
Dance Choreography

# August's AOTM Nominees



**Gretchen Harcarik - Sky**

"Gretchen is an amazing athlete and such a joy to coach. Always saying thank you after every correction given by a coach. Her work ethic is by far outstanding and she strives for perfection and success. It is Gretchen's first year here being a part of the program and we look forward to seeing her growth within Maryland Twisters!"

~ Coach Kenney



**Lauren Snook - Radar**

"Lauren is brand new to cheer this year but you would never know it! She is a fast learner, makes corrections immediately, and is a very strong addition to Radar! We can always count on her to try her very best and have a positive attitude. We are excited to coach her through her first year of cheerleading, and can't wait to see how far she goes!"

~ Coach Chelsey



**Ashley Darcy - Sidewinders**

"Ashley excelled learning to fly very quickly becoming a valuable asset to the team her first weeks with the team."

~ Coach Shelly



**Ciara Combs - Velocity**

"Ciara is new to the program this season and has picked up the Twisters style and techniques seamlessly! She works very hard in and out of practice and has attained a lot of new skills since being here. She is an awesome teammate to her peers, and has a great work ethic."

~ Coach Becky



**Kelsey Boettcher - Storm**

"Kelsey is a great leader on Storm! She's a hard worker and comes to practice with a positive attitude. She motivates her teammates and is always looking for ways to improve her skills. She is a great asset to the team!"

~ Coach Sammi



**Karina Lynn - Fierce Winds**

"Karina is tremendously talented and works very hard in the gym to achieve her goals and surpass her own expectations. It is her first year on Fierce Winds and she is definitely excelling in all skill sets including both tumbling and stunting for this being her first year on a level 4 team here in the program."

~ Coach Kenney

# August's AOTM Nominees



## Olivia Rusnak - F5

"Olivia is a second year Twister but new to the Hanover gym and F5. Over these summer months, she has proven to be a hardworking, resilient, fast learner that is passionate about cheerleading. She has gained new skills such as a kick double basket and various level 5 transitional stunting skills. She continues to push her tumbling and is working hard on getting her double full. However, her front handspring front through to full is quite impressive. Although Olivia may be small she packs a big punch in attitude and personality. She is always up for the challenge of new skills and confronts them with a smile. At practice, she is able to stay light-hearted and crack jokes and smile even if a stunt is not going well. Her positive attitude will serve her well through long hard practices. The coaches are proud to nominate Olivia as F5's AOTM!"

~ Coach Will

## Reese Allen - Flurries

"Reese is a hardworking and dedicated member of Flurries. With her veteran experience of being on Flurries she excels the most in always leading by example. She is attentive and always is aware of what's going on. We applaud Reese's versatility in everything she does, whether she's basing, flying, or back spotting there is never any complaints, and she always gives it a 100% effort. Her hard work in and out of practice doesn't go unnoticed either. Good job Reese, we are so proud to have you as a Flurry!"

~ Coach Noelle



## Katie Senio - Sprinkles

"Katie continues to prove to be a very hardworking, focused athlete. She had to go from being a base to a back spot for the team and has taken on the challenge gracefully, turning into one of our most versatile stunters! She is respectful to her coaches, encouraging to her teammates, and determined to keep progressing her skills!"

~ Coach Becky

## Alexa Robertson - Weathergirls

"Alexa is new to all-star cheer. She comes to Twisters with a gymnastics background. She has fully embraced her transition from gymnast to cheerleader and is eager to learn. She works hard, has a great attitude and we are so excited to have her join Weathergirls this season. The sky is the limit for her and we can't wait to watch her blossom! Her future at Maryland Twisters is bright!!!"

~ Coach Bobbi





# Summer Fun!



## Contact Us

Give us a call for more information about our services and products

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