



TWISTED NEWS

Maryland Twisters Newsletter

September 2018

September's Athlete of the Month

Hanover: Blaire Glover - Cold Front



What does Blaire contribute to her team?

Blaire contributes a positive attitude, dedication, and a love for cheer to the team! She always comes to practice ready to work and ready to put forth her best effort. Her flexibility and willingness to work with everyone allows coaches to easily make adjustments and maintain positivity and confidence among the team. She also contributes all-around athleticism with being able to execute elite flying and tumbling skills.

How does she stand out in your routine?

Blaire stands out in the routine with her gorgeous tumbling! She may be petite but she brings forth great power with her skills.

What can Blaire's teammates learn from her?

Teammates can learn from Blaire to always have a great attitude and to put in 100% at every practice. They can also learn from her to be consistent while learning, which will enhance performance.

What advice can you give Blaire for the competition season?

Advice to Blaire as we're about to start competing would be to embrace every second of the routine, attack it section by section and trust the training! SMILE, have fun and go out on the mat and show your inner rock star!

Coach Brittany L and Krissy

Sterling: Margarete Walker - Surge

What makes Margarete stand out on Surge?

She stands out because she always has a great attitude and is always looking to learn and improve.

How have you seen her improve this summer?

Margarete has gone from having only basic level two skills to having specialty standing and running tumbling and being one of Surge's premier tumblers!



"Margarete has stepped up to the challenge of a level two team and gained all of her necessary tumbling skills and more. She has also learned main and side basing after being a back spot previously. She always has a smile on her face and is willing to try anything we ask her to!"

~ Coach Madison

Coach Madison and Delaney

"Blaire has shown tremendous improvement over the summer. Although she is the youngest on the team, she has amazing drive, focus and passion just as the older members. She is extremely coachable, with her ability to make corrections with a positive attitude. Although she is growing into a fierce flyer, her tumbling is dynamic as well! We are excited to see her apply the full package that she has on the competition floor!"

~ Coach Brittany L.

What would her teammates say about her?

Her teammates would probably say that Margarete can always make them smile.

What advice can you give Margarete as we head into Competition Season?

Going into the season we want Margarete to stay confident in her skills and keep the positive energy flowing for Surge!

Happy Birthday to YOU!

Keke Adeyemo, Alyssa Albright, Devon Alessandrino, Madison Alessandrino, Addison Barks, Maya Berrodin, Elicia Blakeney, Mary Bernadette Brady, Alyssa Connelly, Kylie Cropp, Kaitlin Dabney, Sophia Davis, Chloe Eichenlaub, Bailey Ekanem, Jordan Gibson, Kaydence Godwin, Sarah Goldstein, Alana Johnson, Lailah Kofie, Claire Koontz, Rachael Kreicker, Takaiya Lee, Yasmin Maghsoudlou, Karin McGinnis, Elysa McMillan, Jessica Mosley, Brooke Naidu, Jordan Owusu, Sierra Pare, David Pellegrini, Alexandra Pfaff, Emma Phillips, Kaitlyn Piedrahita, Kayla Randall, Emma Salgado, Samantha Senio, Lauren Siegel, Savannah Stone, Sydney Waggoner, Autumn Whitaker, Harper Wilson, Claire Woestman, Payton Zampielo



**Order your custom
Cucks by
October 28th!**

Upcoming Events:

Gym Closure - Halloween

October 31st

No Classes or Team Practices after 6:00 pm.
Please check with your instructor regarding
Private Lessons.

VA Winter Cheer Evaluations

November 10th

10:00 am-1:00 pm

MD Winter Cheer Evaluations

November 3rd

10:00 am-1:00 pm

September's AOTM Nominees



Mikayla Young - Ice

"Mikayla, while she is a younger member of the team, is a leader by example. She has continued to gain tumbling skills, and is a solid, reliable main base. She gives 100% at practice, and works on her own time to ensure she is doing her part for her team. Mikayla is an absolute joy to be around, and a huge asset to team Ice!"

~ Coach Becky



Olivia Valentine - Little Winds

"Olivia has done so well with becoming a side base this season! She is always trying and is always on her game at practice. Her tumbling is strong and she is an amazing performer! We are so lucky to have her on Little Winds!"

~ Coach Paige



Evan Mello - Reign

"Evan has grown up in the program and we are super excited to see his continued growth on his very first worlds team! Evan's tumbling has improved drastically since naming Reign and we love that he has pushed himself week after week. He is not the most vocal, but he always leads by example and we wish every athlete had his work ethic. The sky is the limit! Congrats, Evan!"

~ Coach Matt G.



McKenna Denton - Sirens

"McKenna is new to MDT this year. So far she has been an amazing addition to the sirens team. Her tumbling technique is strong as she is always working to perfect her craft. Her willingness to learn new positions in stunting is commendable and her attitude always positive. Can't wait to see what this season brings her!"

~ Coach Shonte



Cailee Clayton - Breeze

"Cailee has stepped up as a leader on Breeze and helps her teammates throughout the routine. She is always focused during practice and willing to try new skills. Cailee has shown determination and cooperation and we are very excited to watch her grow as an athlete over the season!"

~ Coach Chloe



Arianna Forte - Forecast

"Arianna is a powerhouse cheerleader all around. She is one of four captains on our team and a born leader. She is always positive and smiling. When the team gets down she helps to bring the spirits back up. Forecast is fortunate to have her on the team."

~ Coach Andi

September's AOTM Nominees



Madison Brouillette - Smoke

"Madison is always ready and in attendance at practice. Very attentive and has a really great work ethic, she pushes herself to be very technical with all of her skills and is a great motivator and role model for her teammates on Smoke. We look forward to an exciting season with her this year!"

~ Coach Kenney

Kaytlyn Krick - Thunder

"As a previous flyer, Kaytlyn has already been learning to stunt as a side base and backspot this season and has been able to learn multiple transitions in those positions! With routines being put together, Kaytlyn has consistently been ready to roll with her skills in both the elite standing and running tumbling sections. She is becoming a very versatile asset to our program!"

~ Coach Anna



Allie Pfaff - Dew Drops

"Allie is a total superstar! She is always at the gym, whether it's tumbling or stunt classes, she's here and working hard! All of that hard work she puts in really shows in practice too. She's always listening for corrections and trying to improve!"

~ Coach Jessica

Naomie Ofwono - Lady Ts

"Naomie is a hard worker. She's quiet, listens to her coaches, and puts in 110% at practice. She is always pushing herself to keep getting new skills. (We're super proud of her, she just recently got her back walkover, and is now working on incorporating it into her running tumbling pass.) Naomie is pleasure to have on the team!"

~ Coach Kristin



Emilia Sandona - Eye of the Storm

"If there is an athlete who demands more of themselves than Em (The Determinator) we've not met them. She was "all in" committed to doing the off practice day conditioning as required during the summer and even got in those "extra" steps. Em has worked to improve her back-spotting during the summer sessions as new stunt groups and progressions were introduced. As we move forward to the start of the season, we can count on Em to continue working hard every week."

~ Coach Sharon

Welcome to the Fam!

We are excited to announce our newest Coaches joining MDT!

NEW HIRES FOR HANOVER!

Jessica Lopez - tumbling & cheer coach

Jessica comes to MDT with a decorated background coaching dance, fitness, tumbling & cheerleading. She has spent the last few years in Australia as a tumbling/cheer & dance coach at Cheerforce Allstars! Jessica is also open for private lessons for tumbling, motions, flexibility or even dance if needed. Feel free to snag an opening on her schedule today!

Deon Harness - tumbling & cheer coach

Deon is joining us from Woodlands Elite! He is energetic, has a passion for the sport of allstar, and is excited to share his knowledge. Deon is a very talented tumbler & cheerleader who cheered at WE for 2 years. He then transitioned into a coaching position 3 years ago where he successfully coached J3! He coaches tumbling up to level 5. His private book is now open so book online today!

OFFICE CHANGES & PROMOTIONS VA:

Tootie Rivera, our director of operations in VA, has decided to retire! We are so thankful for the 2+ years she has invested in MDT VA, and for all of her hard work. Tootie has decided to be a stay at home mom to invest more time with her family. Plus her youngest child is a senior this year and she is preparing to have more availability to him & his future endeavors. She will always be family here at MDT and keeping in touch with us! Thank you Tootie for all you have done for MDT! You will be missed!

Taking on Tootie's responsibilities are:

After assisting Tootie for years, Jen Trent has been promoted to daytime office manager! Congrats Jen! Brittany Burkhard and Jessica Brown have been promoted to office assistants working the evening office times.

Promotion- Chad Greenhill, General Manager of MDT VA.

After 2 years of commuting between the VA and MD gyms, Chad has decided to commit to one Gym. As General Manager of our VA location, he will oversee all operations in all departments in VA. He is excited to finally have more involvement with VA and to take this program to its best season yet! Please help congratulate Chad & look for him in VA starting Monday! He is now VA's primary contact for any issues. Feel free to email Chad at chadg@marylandtwisters.com.

PLEASE WELCOME NEW VA COACHES!

Travis McCormack - tumbling coach

Travis comes to MDT VA with a host of coaching experience. Travis has most recently coached at Cheer Fusion All-Stars as a tumbling coach & manager, as well as Cheer Extreme Roanoke prior to that. He is charismatic and extremely knowledgeable! His private book is open right now. Jump on his schedule before it fills up.

Ashley Body - Dew Drops coach

Ashley has a cheer coach background from Crimson Heat. She has mini 1 coaching experience and loves teaching the younger athletes. She is patient, kind and excited to get to know each Dew Drops athlete!



Jessica Lopez



Deon Harness



Ashley Body



Travis McCormack

Contact Us

Give us a call for more information about our services and products

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