

TWISTED NEWS

Maryland Twisters Newsletter

November 2018

November's Athlete of the Month

Hanover: Rebecca Davis - Sirens

How have you seen Rebecca grow as an athlete?

Her body awareness in the air and consistency is amazing.

How does she stand out on Sirens?

She shines in the air. Her technique is beautiful to watch in both her tumbling skills and flying.

What can Rebecca's teammates learn from her?

Constant hard work, positive attitude and dedication provides real growth and development

What advice can you give her for the competition season?

Have fun. Live in the moment and continue to push for greatness.

~Coach Shonte and Mitchell



"Rebecca has been with the program now for three years and every year her growth impresses everyone. Rebecca is hard worker dedicated to perfecting whatever skills needed for her team. Her gorgeous presence in the air is truly something to witness."

~ Coach Shonte

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Sterling: McKenna Nowell - Ice

How does McKenna stand out on her team?

McKenna carries herself with a sense of poise and maturity and it looks like the skills and choreography come natural to her.

What does McKenna contribute to her team?

She holds herself, as well as her teammates, accountable to work hard and work smart.

What would her teammates say about her?

I think they would say that they know they can look to her and rely on her to do her part for the team.

What can we expect to see from McKenna this season?

McKenna is going to continue to grow in this sport. You will see her pushing to attain new skills (stunts and tumbling) and being a solid contribution to Ice reaching their goals this competition season!

Coach Becky and Aaron



"Aaron and I have both had the pleasure of coaching McKenna in the past and we are very impressed with her growth in a few short years! She has emerged as a leader for Ice, continues to attain new tumbling skills, and is a strong, versatile stunter. When we need someone to step up and get their team together, McKenna steps up and takes on that role!"

~ Coach Becky

Happy Birthday to YOU!

Noelle Barretto, Audrey Basler, Autumn Bowman, Autumn Burgess, Taylor Cassidy, Kaley Chinoy, Carmella Crisitello, Nicoletta Crisitello, Kaitlyn Edmunds, Reagan Fearson, Tyrique Forrester, Lyla Fries, Colby Glidden, Hattie Goberdhansingh, Mai Graves, Desirae Gregg, Morgan Harris, Alexa Kondilas, Emily Liabraaten, Shania Lingafelt, Jazmyn Majors, Kamaaron Marshall, Tyrae Mason, Megan McCool, Reagan McCroskey, Mia Moyler, Olivia Pucciarella, Kaitlyn Rini, Alexa Roberton, Alex Roberts, Haylie Snyder, Briana Taylor, Carly Thompson, Omariah Turner, Jose Velazquez, Shaylynn Vincent,

Introducing Club Zero

Again this season we will be focusing on hitting perfectly executed routines with

ZERO DEDUCTIONS!

Teams who receive zero deductions will be awarded points. The teams with the most points at the end of the season will win a prize from Twisters! Good Luck! Let's hit those routines!

Club Zero at one day local event: 5 points

Club Zero at a National: 10 points per day

Upcoming Events:

Cheer Alliance
Friday, December 7th
Louisville, KY

VA: Ice
MD: Reign and F5

WSF Nationals
December 8th-9th
Louisville, KY

VA: Ice
MD: Reign and F5

One Up Nationals
December 15th-16th
Baltimore, MD

VA: All teams, except Ice
MD: All teams, except Reign and F5

Gym Closure
December 24th-January 1st
Both Locations

We will be closed for the Holiday. All Classes and Private Lessons are canceled. Check with your Coaches regarding your Holiday Practice Schedule.

Team Pictures
Save the Date: January 3rd-6th
More info coming soon!

November's AOTM Nominees



Elisia Randall - Surge

"Elisia comes into practice every day with a smile on her face. She is always facialing and showing off her routine. She isn't afraid to ask questions and takes criticism and critiques with a positive attitude. She has really blossomed and become a leader and trustworthy athlete this season."

~ Coach Madison



Adriana Collins - Breeze

"Adriana has consistently worked hard to capture the attention of the crowd during the routine. Her tumbling technique is always beautiful and she is confident with her motions and jumps. We are excited to see her light up the floor at competitions!"

~ Coach Chloe



Denis Cook - Reign

"Denis always comes into the gym with a smile on his face and a positive attitude. Although this is his first year on the team, he has become very vocal and motivating to his teammates during practices. We're excited to see his growth throughout the season. Congrats, Denis!"

~ Coach Matt G.



Elise Kocak - Little Winds

"Being one of the older athletes on Little Winds, Elise plays a big role as a leader and role model for her teammates! She is very hard working and always positive. Athletes like Elise are the reason why we as coaches love what we do... even on the rough days :)"

~ Coach Alyssa



Audrey Basler - Forecast

"Audrey is a returner to Forecast, and shows heart and soul for the team at practice. She is one of our strongest stunters, and a big asset to the team. It doesn't matter if we switch her stunt group a thousand times, she always tries her hardest. She is definitely a leader on the team. We are thankful to have her."

~ Coach Andi



Rachel Hirshon - Smoke

"Rachel is always full of energy. Rachel is a great leader and role model for her peers on Smoke. Encouraging at all times she never leaves practice without a great positive remark!"

~ Coach Kenney

November's AOTM Nominees



Mikayla Buterbaugh - Eye of the Storm

"Mikayla's commitment to the sport of cheerleading and her dedication to Eye of the Storm is inspiring! She always completes her conditioning on time and does it to the level expected every time. Mikayla listens well during practice and makes great corrections the first time asked. She is supportive of her teammates and is always willing to try new skills and new positions for the benefit of the team's performance and start value. She has an infectious smile and is a joy to coach! Mikayla is a great example for all athletes in the Twisters' program to emulate; she is truly deserving of the title *Athlete of the Month*."

~ Coach Kevin

Melody Giannini - Lady Ts



"Melody has an amazing attitude and is a very hard worker! She always has a smile on her face and is willing to help out her teammates. Melody gives 150% at every practice, and has been noticed by other coaches for it. Other coaches have said, "if we could duplicate her" or "can I just keep her", and we agree!! She is a talented athlete and an amazing kid, we are lucky to have her!"

~ Coach Kristin



Lily Murcia - Dew Drops

"As the youngest member of our team, Lily has had to step up to keep up with all of the other girls. Since May, Lily has grown both as a cheerleader and as a young girl. Lily is mature and composed and has one of the most positive attitudes/outlooks at practice. She has worked so hard these past few months and 100% deserves to be recognized for it!"

~ Coach Jessica

Taryn Wilson - Thunder



"Taryn is the true definition of a team player. She is always willing to try anything we throw at her and encourages her teammates to do the same. This is Taryn's first year as a Twister, but you would never know! She has really impressed us by stepping up and taking on a leadership role on her team and always having the most positive attitude. Her passion and spirit are admirable. We can't wait to watch you perform this season, Taryn!"

~ Coach Kristen C.

Kaylee Rowe - Cold Front

"Kaylee is an amazing athlete. She is a huge asset to cold front. She is dedicated, hard working and a team leader! Kaylee puts in 110% every practice and always encourages her team to be their best! It is a pleasure to coach Kaylee and have her apart of the team! We are so excited to watch her continue to excel in the twister program!!"

~ Coach Krissy

