

# TWISTED NEWS

Maryland Twisters Newsletter

December 2018

## December's Athlete of the Month

### **Hanover: Jacqueline Keefer - Sky**

#### **How have you seen Jacqueline improve over the years as a Twister?**

She has grown tremendously as an athlete. Recently, she has shown a maturity in her skills. She seeks corrections from her coaches and applies them!

#### **How does she stand out on Sky?**

She has a noticeable drive to be successful! She was reassigned stunting roles throughout the summer and never once put herself before her team. She welcomed each new role and never gave up!

#### **What would Jacqueline's teammates say about her?**

They would say she is a hard working teammate who is reliable and dedicated.

#### **What advice can you give her as we head into 2019?**

Keep up the hard work! Continue to be open to change and any curve ball that's thrown at you!

~Coach Amber H and Kenney

### **Sterling: Emily Buss - Velocity**

#### **How does Emily contribute to her team?**

Emily contributes a hard working attitude, maturity, and superb stunting ability to Velocity.

#### **What can her teammates learn from her?**

Her teammates can learn to be coachable from her. Emily is always willing and able to do what we tell her. She is attentive and respectful.

#### **What can we expect to see from Emily this season?**

You will see Emily continue to improve on her skills. She is still young and growing as an athlete, and has so much untapped potential yet to be revealed!

#### **What advice can you give her for the rest of the season?**

Continue to lead by example, and really push to achieve your goals as an individual and for your team!

Coach Becky and Brittany B

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*"Jac is such a joy to coach. She is always excited to be at practice. She is determined and works hard every minute she is in the gym."*

~ Coach Amber H.



*"Emily is awesome and hard working! She is attentive and applies corrections, and for that reason she continues to progress. She is encouraging to all of her teammates, and is a big asset to Velocity. We are excited to see her meet her team and individual goals throughout this season!"*

~Coach Becky

# Happy Birthday to YOU!

Alexis Anscombe, Cole Baker, Meah Baker, Aubrey Barretto, Alayna Birchfield, Madison Brouillette, Destiny Carrington, Hailey Ericson, Gabriella Gilpin, Bethany Henceroth, Taylor Hilliard, Hayley Holder, Alexis Hommer, Torey Hurst, Bryce Jager, Kayla Janek, Lauren Kerr, Gabie Kharmouche, Jessica Lamb, Alyssa Lehrmann, Kayleigh Lehrmann, Antoinette Lorfiles, Jessica McPherson, Emily Messick, McKenna Nowell, Eva Pisano, Ethan Pugh, Josh Rabinovitz, Leah Rabinovitz, Mary Sergi, Ashlyn Smith, Makayla Stafford, Jadin Steele, Tania Teasley, Kamayah Terry, Olivia Towns, Ra'Nyah Washington, Cienna Young, Riley Zemcik

## Club Zero Leaders

**First place - Flurries, Sidewinders, Lady Ts, Sprinkles, Little Winds, Sky, Weathergirls, Radar, Fierce Winds, Sirens, Smoke - 20 points**

**Second place - Breeze, Haze, Surge, Forecast, Velocity, Supercells, Ice, Reign, F5, Eye of the Storm - 10 points**

## Upcoming Events:

**The MAJORS - Indianapolis, IN**  
January 18th  
MD: Reign and F5

**School's Out Clinic - VA**  
January 21st

**MD Cup - Upper Marlboro, MD**  
January 19th  
MD: Level 1, 2, Prep, and Winter Cheer  
VA: Level 1, 2, Prep, and Winter Cheer

**School's Out Clinic - MD**  
January 31st

**Spirit of Hope - Charlotte, NC**  
January 19th-20th  
MD: Level 3, 4, 5, except Reign and F5  
VA: Ice

# December's AOTM Nominees



**Abby Davis - Sprinkles**

"Abby is the full package on Sprinkles! She is a strong stunter, and a powerful tumbler. She is always willing to go above and beyond, and strives for perfection."

~ Coach Delaney



**Kianna Reese - Fierce Winds**

"Kianna is our dynamite dancer with great facials and a positive attitude. She is new to MDT and is an awesome back spot who is always helpful and above all she's a team player! We can't wait to see her blossom and grow within our program!"

~ Coach Amber



**Grant Satterfield - Lightning**

"Grant is a first year Twister and has been a pleasure to coach. He has grown so much as an athlete in just the past 6 months with his coed stunting and all his tumbling skills. We can't thank Grant enough for his dedication to the program and driving 5 hours each way just to get to Lightning practice. Keep up the good work, Grant!"

~ Coach Matt T.



**Sierra Jones Zecher - Supercells**

"Sierra is a quiet worker who is always aiming to please. She has been working diligently on her tumbling. Her double has become one of the strongest on the team! We have no doubt that she has more to show us in the upcoming months. She is proof that consistent hard work and dedication really does pay off!"

~ Coach Kristen M.



**Kayden Weaver - Radar**

"Kayden is an outstanding athlete and teammate! She continuously gives 110% in every aspect of this sport. She is a natural and phenomenal performer and is constantly working to perfect every skill. Her passion and drive to be the best she can shines every time she steps onto the mat. We cannot wait to see her take the stage with Radar in the New Year!"

~ Coach Brittany B.



**Aeris Griffin - Flurries**

"Aeris has improved tremendously since the beginning of the season. She is a valuable asset to the team and we can always count on her! She exemplifies hard work and takes the coaches' corrections and applies them very well"

~ Coach Jada

# December's AOTM Nominees



## Lucy Abner - Haze

"Our nomination for athlete of the month is Lucy Abner. Lucy is our nomination because she is motivated, inspiring, and is determined to excel with her team. She joined our team a little later than everyone else and we are so blessed that she did. We had an athlete have to leave our team and Lucy stepped up in her place to save the day. Lucy had to work extra hard to learn all of her new positions and never complained about getting moved around. We are so impressed with how quickly she has learned and how great she is doing in her first season with Twisters. We don't know what we would do without Lucy's positive attitude, energy and her commitment to this sport. She is an amazing athlete and we are lucky to have her on Haze."

~ Coach Shelby

## Devon Alessandrino - F5



"Devon was chosen as athlete of the month because not only is she talented she is a great performer. Whenever Devon takes the mat she is always doing her choreography full out and performing. Even on a just a mark through, she is giving you a full show. She is also an amazing tumbler and has learned to be a great main base as well. If you have a chance to catch an F5 practice I am sure you will be able to spot her! Congrats on a great job Devon."

~ Coach Will

## Campbell Wood - Sidewinders



"Campbell is a very hard working athlete! She eats, sleeps, and breathes this sport. Campbell practices every minute she can to be the best she can be!"

~ Coach Sammi

## Eva Levering - Storm Chasers



"Eva is new to Twisters this year. She has jumped right in Storm Chasers. She quickly learned to jump, tumble, cheer and fly! She is enthusiastic every practice and loves getting to know her new team members. Her personality and love of cheerleading really shined at showcase and we can't wait to see her compete this season!"

~ Coach Christine

## Brea Littlejohn - Weathergirls



"Brea has been an amazing asset to our team. She is a strong back spot, tumbler and jumper. She is a great leader and we can't wait to see where she goes. She always has a great attitude and is always willing to go the extra mile for her team. Brea has a bright future at MDT! Yell for BREA... GO BREA GO!"

~ Coach Bobbi

## Raegan Turnbach - Storm



"Raegan has been working incredibly hard over the last several months! Not only has she stepped up and learned how to base this season, but her tumbling and jump technique has improved immensely. She never complains and is always looking for ways to get better. Raegan is also a great teammate, always there to support her friends. We are so proud of how far she has come this season!"

~ Coach Sammi

# Parent Advisory Board

Please join our Parental Advisory Board! We are seeking positive and inspiring parents to join us at our next meeting, **February 23rd at 12:00 pm in the lounge in Hanover.**

The PAB is a group of parent volunteers who share ideas, suggestions & concerns with owner Tara Rall. This group meets several times per season & we have had 2 meetings to date. The PAB addresses all current topics with the best interest of athletes, parents, coaches & this program in mind.

So far topics discussed included Showcase critiques, booster club questions, spirit wear feedback, end of year banquet planning, etc. The PAB will also assist with gym events in planning and help with staffing events such as showcase and the end of the year banquet. Please join us in making this season a great experience on & off the floor for you and all athletes!

## Maryland Twisters Booster Club

Maryland Twisters Cheer Booster Club- MTCBC 501 (c ) 3

The Maryland Twisters Cheer Booster Club was created to help our families with the financial responsibilities of competitive all star cheerleading. We offer multiple fundraisers throughout the year to help offset the cost of the sport.

As a member you have access to various fundraising opportunities throughout the season and possible financial assistance for tuition. It also allow companies /and or private donors who donate to the program to be able to have a tax deduction.

Last season the Booster Club hosted the Year End Banquet at both Gyms, sponsored College Scholarships for Seniors at both Gyms as well as the Jimmy Myrick Jr Scholarship, and provided equipment for both Gyms, etc.

If you are interested in becoming more involved with the Booster Club please email: [mdtwistersboosterclub@gmail.com](mailto:mdtwistersboosterclub@gmail.com).

### Board of Directors

President: Jaclyn Lilly

1<sup>st</sup> VP- Charles Martinez

2<sup>nd</sup> VP- Jill Gomes

Secretary: Yvette Torres

# Competition Totals

Third Place finishes: 3

Second Place finishes: 6

First Place finishes: 18

Grand Champions: 4

At Large Summit Bids: 3

At Large Worlds Bids: 1



Congratulations to our December National Champions!

Storm Chasers, Eye of the Storm, Dew Drops, Lady Ts, Sprinkles, Little Winds, Sky, Storm, Weathergirls, Cold Front. Lightning, Fierce Winds, Forecast, Sirens, Velocity, Supercells, Smoke, and F5!

