



TWISTED NEWS

Maryland Twisters Newsletter

September 2019

September's Athlete of the Month

Hanover: Kelsey Boettcher - Storm

How does Kelsey stand out on Storm?

She's one of the strongest bases I have ever coached!

How have you seen her improve as a Twister?

Kelsey has matured and become a leader and true team player willing to step in and help teams that she isn't a full time member of.

What can her teammates learn from her?

Hard work pays off.

What advice can you give Kelsey for the season?

Stay focused and positive. Amazing thing ahead for you!

Coach Shonte and Kristin K

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"Kelsey has done an amazing job transitioning into a strong leader this season on Storm. Her knowledge and ability to help her teammates learn new stunting skills are incredible. She has also done an amazing job acting as a fill in base for Sirens this summer!!"

~ Coach Shonte

Sterling: Abby Coullahan – Quake

How have you seen Abby improve since his Summer?

Abby has continuously put all her effort in and out of the gym. We don't see athletes often show dedication to the level that Abby shows it. She has a continuous dedication to improving every aspect of her abilities and since the summer has only increased her level of discipline. If we could show you pre-summer pictures of her flexibility and post-summer pictures, you would not believe she was the same flyer.

What does Abby contribute to Quake?

Abby continuously puts effort into what she does no matter the situation. It is very easy to get lost in the stress of cheerleading especially for a younger athlete, but Abby has a "rubber" like attitude where anything negative simply bounces off of her and she keeps moving forward with her task.

What would her teammates say about her?

"How can someone so small smile so big?"

What can we expect to see from Abby this season?

You can expect to see her on the floor blessing us all with her incredible abilities and excellent facials.

Coach Benito and Chardae



"Abby was nominated because she has risen above the expectations set for her. She continues to impress us all with her talent and attitude. We are excited to see what she does in the future"

~Coach Benito

Meet Abby!



Hometown: Ashburn, VA

Age: 11

Years Cheering: 7

Years at MDT: 2

Favorite thing about Cheer: Flying, Tumbling, and most importantly competitions

Which competitions are you looking forward to? NCA and Battle

Favorite Vacation Spot? Siesta Key, FL and Rehoboth Beach, DE

Fun Fact: I love Math!

Meet Kelsey!

Hometown: Laurel, MD

Age: 16

Years Cheering: 8

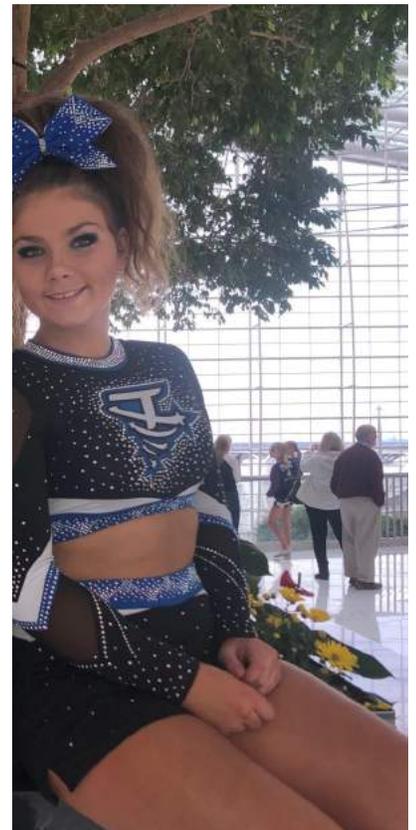
Years at MDT: 4

Favorite Thing about Cheer: Stunting is my favorite thing in a routine and I love all of the support and encouragement from everyone!

What do you want to do in the future? I want to go into the medical field particularly something in trauma or a physician assistant

Favorite Cheer Team? I don't really have a favorite but I love watching all MDT teams!

Fun Fact: My step-sister has the same name as me!



Happy Birthday to YOU!

September

Alyssa Albright, Elicia Blakeney, Mary Bernadette Brady, Lily Brown, Mackenzie Carman, Taylor Chrisman, Christina Cinquanto, Alyssa Connelly, Ashlyn Donaldson, Chloe Eichenlaub, Bailey Ekanem, Katie Ferris, Ava Fielding, Ashley Flowers, Ashley Ford, Jordan Gibson, Kaydence Godwin, Sarah Goldstein, Camille Golinvaux, Madeline Hohrath, Marley Holly, Hailey Iles, Alana Johnson, Lauren Jones, Madeline Kelly, Lailah Kofie, Rachael Kreicker, Savannah Lawall, Skye Lawrence, Karin McGinnia, Elysa McMillan, Mikayla Miles, Brooke Naidu, Jordan Owusu, Sierra Pare, Lily Paul, Allie Pfaff, Emma Phillips, Kayla Randall, Emma Salgado, Lauren Siegel, Tori Smetzer, Addison Spies, Abigail Stinson, Sunny Stone, Kailey Vorgang, Sydney Waggoner, Jady Washington, Belle Wharton, Autumn Whitaker, Harper Wilson, Claire Woestman, Avery Yelton, Victoria Young

On Friday, September 6th, Eye did their first community event at Glen Burnie High School as guest cheerleaders with Makaila Lewy of Lightning.

**Thank you Makaila and Coach Jamie for the opportunity!
Eye had so much fun!**



Upcoming Events:

School's Out Clinic - Hanover, MD
September 30th
Register in iClass

School's Out Clinic - Hanover, MD
October 9th
Register in iClass

School's Out Clinic - Sterling, VA
October 14th
Register in iClass

Custom Luggage Order Due
October 13th
Place your order in the Pro Shop!

September's AOTM Nominees



Ariel Hamilton - Mist

"Although we have not yet hit competition season, that is not a factor in Ariel's determination to succeed. We are just a few months into the season and Ariel has already shown tremendous improvement in her cheer skills! She is a very hard worker and we can always count on her to give her all every practice. We can't wait to continue watching Ariel improve this season and are so thankful to have her on our team!" ~ Coach Jada



Neveah Garrett - Lightning

"Neveah is a superstar on Lightning this season! She is always doing everything we coaches ask of her. Stays quiet and engaged at practice! Always asking what she can do extra in private's and classes to better herself for the season. She is the youngest athlete on the team, and she hangs with the older girls and never loses her smile! Yell for Neveah! GO, NEVEAH GO!"

~ Coach Blake



Hailey Iles - Whirlwinds

"Hailey, being new to Twisters this season, has more than impressed us with her skills and work ethic she brings to the gym! She not only works hard at Whirlwinds practice, but she also takes initiative outside of practice to perfect and progress her skills in classes. Hailey always has a great attitude and is a prime example that hard work pays off. So happy to have Hailey at Twisters this season!"

~ Coach Delaney



Ashley Nguyen - Haze

"Ashley is the definition of an exceptional athlete, she is talented and still strives to get better every day. She is respectful, kind and humble. She never misses practice and is always willing to fill in where needed if someone does. We are very happy to have Ashley on Haze and can't wait to see her excel in this sport."

~ Coach Shelby



Kylie Forsyth - Reign

"Kylie always works hard and is extremely dedicated! She wears a smile on her face at every single practice. Her genuine love for the sport shines through with every performance. She has made the transition to a main base position and has been working hard to master her new role. She is an all around strong athlete and a pure joy to coach!"

~ Coach Kristen M.



Olivia Hines - Frozen

"This is Olivia's first year cheering and she is growing so much already as a strong athlete. She comes to practice every week excited and ready to learn new things. She is such a positive and happy cheerleader. We cannot wait to see her SHINE up on that stage this season."

~ Coach Brittany B.

September's AOTM Nominees

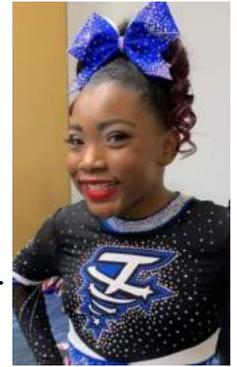


Kaylee Dickenson - Blaze

"Kaylee is not only an exceptional athlete, but an amazing teammate. The respect and commitment she displays to her peers is beyond her years. She has taken everything we've thrown at her head on and with passion. In everything she does, she leads by example. She makes corrections and accepts critiques with poise and determination. From May until now, she has improved in all areas; jumps, tumbling, stunting. She steps into roles she has never done before and exceeds our expectations every time. She is a joy to coach and we cannot wait to see her continue to grow and develop as a Twister!"

~ Coach Jess

Dakoda Johnson - Cold Front



"Dakoda is the definition of a true athlete and universal cheerleader. Not only is she a power tumbler, but she is able to perform any stunting position asked of her with a great attitude and strength! She is a huge asset to the team and we appreciate her always being positive, fun and coachable! She will definitely continue to be a dynamic force within the Maryland Twisters program. Keep up the great work Dakoda!"

~ Coach Brittany L.

Savannah Lawall - Flurries



"Savannah comes into practice smiling and is always ready to work! This is her second year cheering, first year on a full year team, and she puts in 110% every practice. She does all the required conditioning at home, practices her motions, and has been working hard to get her back bend kick-over. Not only is Savannah an extremely hard-worker, she is a caring and loving teammate. She expresses to her teammates how proud of them she is when they get a new skill or when they get to take their bear, Flurry, home! Savannah always brings a smile to our faces, we love having her as part of Flurries this season! Keep up the great work, Savannah! ~ Coach Ashley M.

Morgan Branch - Fierce Winds

"Morgan has grown so much in her time as a Twister! She is a hard working athlete that will do whatever we ask of her. She is extremely coachable and always willing to help her teammates. She sets a great example of what it means to be a Fierce Winds athlete!"

~ Coach Amber



Alani Flores - Sky



"Alani is an excellent athlete and is truly a joy to coach. She is such a hard worker and gives 100 percent each practice. Since the beginning, Alani has really stepped up as a leader for her team. She is always eager to learn and to help her fellow teammates. She always comes to practice with a smile on her face and her positive attitude makes her a great role model for her teammates. She is truly committed to this team and it shows at every practice through her tumbling and stunting abilities. We are extremely proud of what she has accomplished so far and can't wait to see how she continues to grow as an athlete as the season continues. Keep up the awesome work, Alani!"

~ Coach Anna

Grace Ciuba - Sidewinders

"Grace has been a standout member of Sidewinders this summer! She comes ready to work hard and has been a great leader amongst her teammates. We can always count on her to be willing to try new things, most recently when she stepped up to be a backspot, a brand new role for her that she has been excelling in! She is a team player and we're very lucky to have her on Sides this year. Good job Grace, we're very proud of you!"

~ Coach Allie

