



TWISTED NEWS

Maryland Twisters Newsletter

December 2019

December's Athlete of the Month

Hanover: Tiffany Skanes - Thunder

How have you seen Tiffany improve this season?

I would say her basing technique has improved tremendously! For being such a young age, she's a leader by example already on the team. Her "cheer brain" has improved this season with knowing her counts and coming in prepared.

How does she stand out on Thunder?

She standouts as someone who always has a positive attitude and is versatile, will try any position you need her to. She takes initiative and others follow.

What would Tiffany's teammates say about her?

I think they would say she's an encouraging teammate, always cheering for others. I think they would see it's obvious she just loves to be at practice.

What advice can you give her for the season?

I want to see her lead not only by example but not being afraid to take charge of her teammates. If people are talking, tell them to hush. If people don't know their grips or counts, don't wait to ask us if she should help them, just go and help them. I do want to see her hit motions harder and be more consistent in her performance/facials at practice.

Coach Anna and Kristen C.

Sterling: Jocelyn Burstein – Sprinkles

What does Jocelyn contribute to her team?

Jocelyn is a strong back spot, she contributes her experience and dedication. She rarely if ever misses practice which has given her stunt group a chance to succeed. She's always willing to lend a hand to others who are in need of help with the dance or stunting advice.

She is more than willing to fill in when other athletes are missing,

which is a big help. She is a strong tumbler and an asset to the team.

What can her teammates learn from her?

Jocelyn is patient, encouraging and a hard worker. She take constructive criticism and applies the corrections the first time. She is a leader, she helps guide the younger athletes with new choreography and reminds them of the count changes.

Where have you seen Jocelyn improve the most?

We have seen her improve on her tumbling skills. She has excelled in this area in the routine. She has worked hard to earn her spot in the running tumbling sequence. Her jumps have improved since the first practice of the season as well!

What can we expect to see from Jocelyn this season?

You can expect to see determination, leadership, and an outstanding athlete all around.

Coach Shelby and Becky

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"Tiffany is the definition of a team player! She never comes to practice without her positive attitude and eagerness to learn. She has been a versatile base both siding and maining, and has remained consistent in all of her tumbling skills. She's someone who always wants to get it right and we are happy to have her as a Twister this year!"

~ Coach Anna



"Jocelyn is a phenomenal athlete, she is an athlete that is dedicated, arrives on time and when she's here she's giving us 100% at every practice. She never complains when we have to condition or when we ask her to step in for another athlete to help. She's a hard worker and strives to do her best in everything. She is quiet and readily waits for feedback, she takes constructive corrections and applies them. We love having her on the team, she's a quiet yet stand out athlete. We love watching her perform with facials and be a true leader for the littles. Can't wait to see them shine this weekend at our first competition."

~Coach Shelby

Meet Josie!



Hometown: Urbana, MD

Age: 11

Years Cheering: Seven

Years at MDT: This is my first season!

Favorite Subject in School: Art

What Skill are you working on right now:

Round off handspring tuck

Favorite Cheer Memory: When I got my tuck at MDT Sterling!

Fun Fact: I lived in the UK for almost two years, where I got to visit 13 countries! I've competed in both England and Wales. When in England I went to a school where I had to wear a blazer and go to school on Saturdays (yuck on that part lol)

Meet Tiffany!

Hometown: Jessup, MD

Age: 13

Years Cheering: Two

Years at MDT: One

Favorite Thing About Cheer? Tumbling!

Which Competition are you looking forward to: Summit

Favorite Cheer Team: Reign

Fun Fact: I enjoy computer coding and programming



Happy Birthday to YOU!

December

Zoe Amland, Ashley Aubin, Madison Brouillette, Elizabeth Bruce, Abby Carr, Destiny Carrington, Faith Dabrio, Madison Duckworth, Gabriella Gilpin, Kelise Harding, Bethany Henceroth, Taylor Hilliard, Hayley Holder, Abigayle Howard, Bryce Jager, Destiny James, Gabie Kharmouche, Alyssa Lehrmann, Kennedy Little, Jessica McPherson, Emily Messick, Ava Grace Morgenthaler, McKenna Nowell, Megan Perrier, Kimberly Perry, Eva Pisano, Ethan Pugh, Madison Purcell, Josh Rabinovitz, Leah Rabinovitz, Paul Rowser, Addison Sharkey, Samantha Shock, Ashlyn Smith, Skyler Smith, Makaylah Stafford, Kloeigh Stonesifer, Tania Teasley, Izabella Thorbro-steenberg, Olivia Towns, Diana Trinh, Chantel Yates, Cienna Young, Kandance Younger, Riley Zemick

Upcoming Events:

Gym Reopens

January 2nd

Both gyms resume normal schedule.

JC Pictures

VA: January 4th

MD: January 5th-7th

Check your email for more details.

Capitol City Classic - Upper Marlboro, MD

January 11th

MD: All Teams except Level 6

Cheer Limited - Richmond, VA

January 11th

VA: Travel Teams Level 3-5, Thin Ice

THE MAJORS - Indianapolis, IN

January 17th

MD: F5

Spirit of Hope - Charlotte, NC

January 18th-19th

MD: Travel Teams Level 1-6

VA: Travel Teams Level 1-5

Battle at the Capitol - National Harbor

February 1st-2nd

MD: All Teams

VA: All Teams

December's AOTM Nominees



Braxton Paul - Weathergirls

"Braxton is new to Weathergirls this season, and is new level 3 athlete. She has been working hard on all of her flying skills and has put in the extra work on stretching to perfect her flying body lines. She is no stranger to the MDT family as she is following in the footsteps of her mom who was also a MDT athlete years ago. We can not wait to watch Braxton hone in on her skills and continue to grow this season. She always has a smile on her face and has been a pleasure to coach so far this season! We can't wait to see her smile light up the stage!"

~ Coach Bobbi

Samantha Steinberg - Sirens

"Samantha is new to the MDT program and we are so happy to have her. Sam has beautiful tumbling and has done an amazing job transitioning to backspot on Sirens. Sam has an amazing work ethic and always has a positive attitude!"

~ Coach Shonte



December's AOTM Nominees



Ryan Hyman – Dew Drops

Ryan is an instrumental athlete on Dew Drops. Ryan was pulled up to Dewies at the beginning of the season and hit the ground running. She always shows up to practice with a positive attitude and treats each and every one of her teammates with respect. Even as one of the youngest Dewies, she approaches each skill we ask her to do with determination and confidence. Ryan has worked very hard to gain skills and flexibility and we couldn't be more proud! Keep it up Ry!

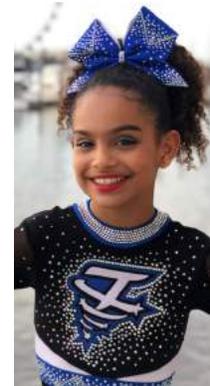
~ Coach Jess



Whitney Bush - Little Winds

"Being a new face to MDT, Whitney is our go to girl! When in doubt we as coaches know we can ask her to do anything and she will give 100% at whatever task it is, with a big smile on her face. She's always looking for ways to better herself by enrolling in classes and the hard work is definitely showing!"

~ Coach Alyssa



Amina Brown - Lady Ts

"Amina has grown so much as a cheerleader this season! She is confident, works extremely hard and is a great teammate! Amina comes to every practice ready to work and always wants to do her best. We are excited to watch Amina continue to shine this season!"

~ Coach Krissy



Samantha Hiepler - Breeze

"Samantha is a new athlete to MDT and has fit in so nicely this season! She is an exceptional athlete and puts 100% effort into every single practice. Being one of the oldest on Breeze she is always attentive and holding her teammates accountable just as a true leader would! Samantha is a great addition to the Breeze and MDT family and we can't wait to see all the places she'll go in this sport!"

~ Coach Noelle



Sienna Simone - Surge

"Sienna is a quiet hard worker. This month she really improved her flexibility for the stunt she flies in. The extra work she put in really stood out!"

~ Coach Tom



Trinity Steed - Supercells

"Trinity has improved leaps and bounds since becoming a Twister this season! She is a quiet worker who is always pushing herself to the next level! She stepped up to the plate and contributes to every section of the scoresheet. We know this is just the beginning for this standout athlete and we're excited that we get to be a part of her journey!"

~ Coach Kristen M.

December's AOTM Nominees

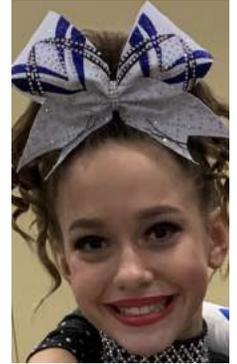


Sierra Jones Zecher - F5

"Sierra or Sisi as she is affectionately known, is an athlete to works hard, supports others, and is truly F5 or die. Her tumbling skills have improved drastically this season. She rarely waters her down in practice and you can count her to always go full out. She is extremely coachable and takes corrections and criticism well. When given a challenge or extra work she always rises to the occasion. She doesn't miss practice and is always in the gym. You can see her not only on F5 but she also helps with the special abilities team. And when she is not practicing or helping other teams you can find Sierra tumbling and conditioning her skills. We are proud of what Sierra has accomplished and will continue to accomplish this season."

~ Coach Will

Taylor Norton - Fourcast



"Too many great things to say about Taylor! She is one of the most hardworking, respectful, and positive athletes on Fourcast this season. She works hard to improve on her skills, and takes the extra time outside of practice to work on her tumbling in classes. She is a very coachable athlete, and it shows in skills. She's already made huge improvement on her skills since the beginning of the season! No matter if it was a great or hard practice, Taylor always takes the time to thank every single one of her coaches before leaving the gym after practice. She's an absolute pleasure to work with and coach this season!"

~ Coach Delaney

Zoie Greenidge - Sunshine

"Zoie is a very hard worker. Even when struggling with a loose tooth she pushed through and was a leader for her team. Zoie was the first member of Sunshine to get 10 good listener stickers to earn her Sunshine Minnie Mouse Ears."

~ Coach Shelly



Ava Dekenipp - Radar

"Ava is one of the easiest people to coach! She ALWAYS does what we ask and what she is supposed to with a positive attitude and is committed to the team. At the beginning of the season we switched Ava from a main base to a back spot, and she did it without batting an eye and immediately became strong and reliable in her new position. It has been a pleasure to coach Ava so far during her first year of Twisters, and we can't see where she goes and how she continues to grow! We are very proud of her!"

~ Coach Chelsey



Kelsey Franklin - Eye of the Storm

"Kelsey's enthusiasm for being a Twister is palpable! Her attitude is one of pure joy and she is always the happiest person on the floor. She is diligent about doing her conditioning and frequently exceeds the assignment many times over. She has fully embraced her role change from Flyer to Base and strives every practice to hone her skills and be the best athlete and teammate she can be. Kelsey is an inspiration to us all in looking at the bright side of every situation and receiving every day as a gift!"

~ Mr. Kevin



Introducing Club Zero

Again this season we will be focusing on hitting perfectly executed routines with

ZERO DEDUCTIONS!

Teams who receive zero deductions will be awarded points. The teams with the most points at the end of the season will win a prize from Twisters! Good Luck! Let's hit those routines!

Club Zero at one day local event: 5 points

Club Zero at a National: 10 points per day

Club Zero Leaders

First place ~ Dew Drops, Breeze, Lady Ts, Haze, Storm, Sprinkles, Surge, Whirlwinds, Fourcast, Supercells, ~ 20 points

Second place ~ Frozen, Sunshine, Sidewinders, Mist, Blaze, Thunder, Weathergirls, Lightning, Fierce Winds, Quake, Reign, ~ 10 points

Competition Totals

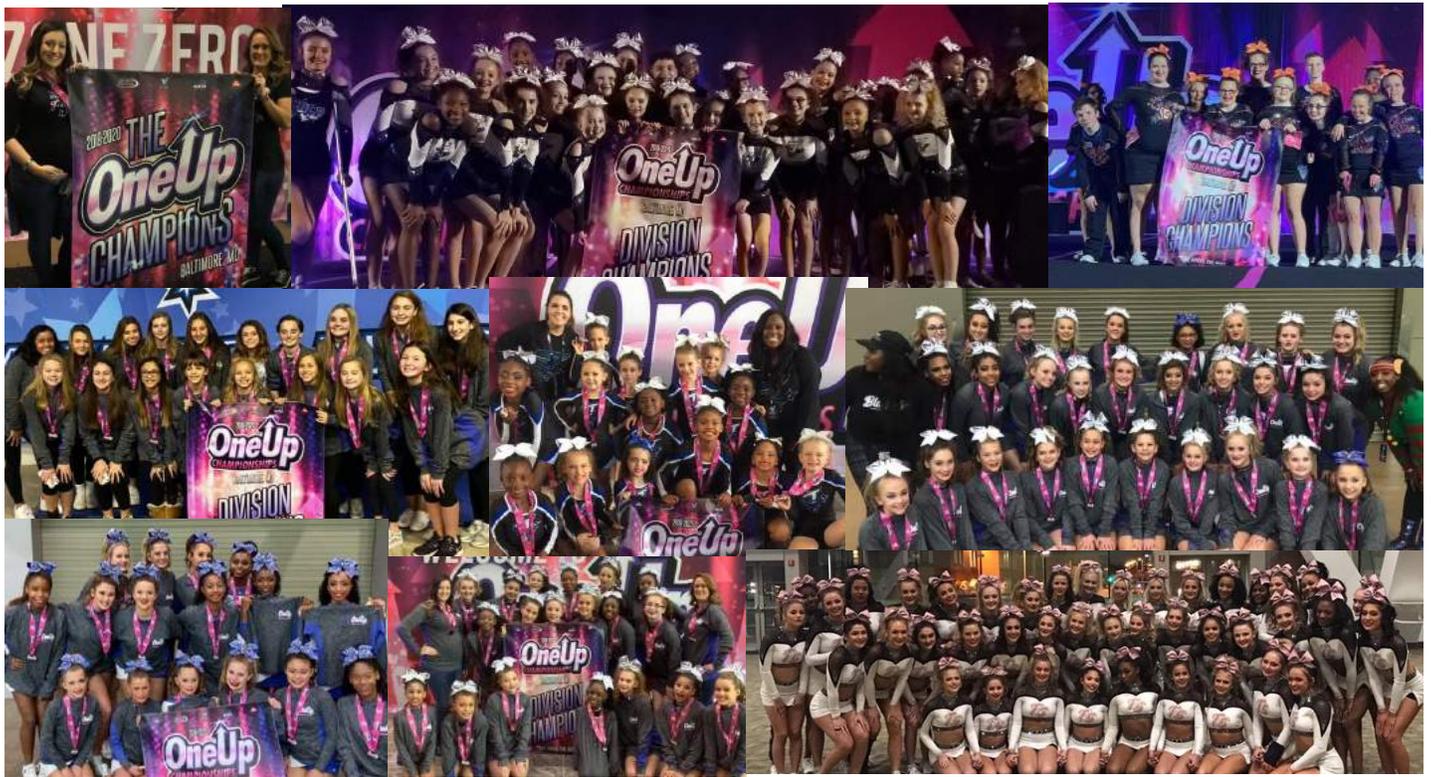
Third Place finishes: 5

Second Place finishes: 3

First Place finishes: 17

Grand Champions: 1

At Large Summit Bids: 3



Congratulations to our December National Champions!

Storm Chasers, Eye of the Storm, Flurries, Haze, Lady Ts, Storm, Blaze, Surge, Thunder, Cold Front, Lightning, Fierce Winds, Fourcast, Quake, Supercells, Reign, F5

