



# TWISTED NEWS

Maryland Twisters Newsletter

February 2020



## February's Athlete of the Month

### Hanover: Taylor Rodney - Little Winds

#### What does Taylor contribute to her team?

Taylor's biggest contribution to Little Winds is her leadership on and off the mat, which is a tough job having a very young youth.

#### What is her biggest area of improvement this season?

She has stepped up a lot more vocally and with her stunting. Also, her level up tumbling is great!

#### What can Taylor's teammates learn from her?

Hard work pays off.

#### What is one piece of advice you can give her for the rest of the season?

Keep up the great work, your future is bright at MDT!!!

*Coach Paige, Alyssa, and AJ*

*"Taylor is the true definition of leader! She has stepped up to the plate this year on LW in everything she does. Her basing technique has improved tremendously as well as her tumbling! She is a HUGE voice on the team. Whether she is giving motivational talks or simply just cheering on her teammates throughout the routine. Watching Taylor grow up this season has been amazing and we can't wait to see where her years at MDT take her!"*

*~ Coach Paige*

### Sterling: Caitlyn Goldberg – Radar

#### What makes Caitlyn stand out on Radar?

Caitlyn is the definition of a team player! She is not only committed to her team, Radar, but is passionate about Maryland Twisters Virginia as a whole. She has been with us since our doors opened and continues to impress us by giving her all to her team, taking tumbling privates, showing up to flight school every week, constantly taking classes, and crossing over to Surge! And she ALWAYS has a smile and positive attitude!

#### How have you seen her improve this season?

Caitlyn's elite stunt group has proved to be one of our most consistent stunts this season, even with multiple base changes! This is her second year on Radar and we've watched her confidence and consistency grow with her level 3 skills.

#### What is one goal you would set for her this season?

Continue to master your skills and push yourself to be better everyday. Caitlyn still has a long cheer career ahead of her and the sky is the limit!

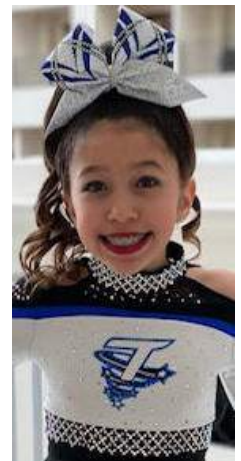
#### What can we expect from Caitlyn the rest of this season?

You can expect to see her fun performance, contagious smile, and flying abilities on both Radar and Surge, and her flipping around in the gym any day of the week!

*Coach Chelsey, Brittany B, and Kristen S.*

## In This Issue

- February Athlete of the Month Winners!  
Hanover: Taylor Rodney of Little Winds  
Sterling: Caitlyn Goldberg of Radar
- Meet the AOTM
- Happy Birthday to You!
- Upcoming Events
- February AOTM Nominees
- Comp Results



*"Caitlyn has been a part of our program for many years and is a constant positive energy every time she is in the gym. As a Radar veteran flyer this year, she has taken a strong leadership role for the 2019-2020 season and continues to lead this team to bigger and better goals with each practice. Outside of her team practice, she is constantly in classes and/or privates to perfect her skills and gain new ones. We are very proud of the athlete Caitlyn has become!"*

*~Coach Brittany B*

# Meet Caitlyn!



**Hometown:** Aldie, VA

**Age:** 11

**Years Cheering:** 5.5 years

**Favorite Competition:** Spirit of Hope

**Goal for this season:** To get all of my level 4 skills!

**Favorite thing to do in your down time:**  
Spend time with my friends

**Fun Fact:** I love to draw and create art!

# Meet Taylor!

**Hometown:** Baltimore, MD

**Age:** 11

**Years Cheering:** 4

**Years at MDT:** 2nd year

**Favorite thing about cheer:** My team because you get to build a strong bond with your teammates and having friends on the team makes the hard practices easier.

**Favorite Cheer Memory:** Theme week this year on Little Winds Beach Day, because we all had such crazy costumes and that practice, was so much fun.

**Favorite Vacation Spot:** Barcelona, Spain

**Fun Fact:** When I'm not cheering, I'm working on becoming a great saxophone player.



# Happy Birthday to YOU!

## February

Alaina Adams, Megan Anderson, McKenna Barkey, Christan Barnett, Leila Bataineh, Halle Bierdeman, Addison Bilek, Allison Blechl, Grace Ciuba, Bailey Clark, Jacqueline Craig, Natalie Derwinski, Zoe Diehl, Abigail Drever, Libby Duvall, Allison Dwyer, Joey Feldman, Brooklyn Golinvaux, Camila Gonzalez, Aeris Griffin, Rhyleigh Heusser, Deja Johnson, Sierra Jones Zecher, Emma Kanetzky, Erica Karinshak, Aaliyah King, Alexis King, Maya Lewis, McKenna Maffei, Te'a Manard, Brijit McDermott, Kairi McDermott, Aniya McDuffie, Marah McMynne, Lily Murica, Joselyn Novak, Kianna Reese, Farhana Ritter, Reilly Russell, Manika Sapra, Sarah Sawatzky, Savannah Sheetz, Peyton Smith, Mickala Stratton, Mia Toliver, Kendall Trojan, Makaila Vazquez, Kendall Walker, Margarete Walker, Abigail Whetzel, Alexandra Wink, Skylar Wirick, Dorothy Witherspoon, Aubrie Zbrzezny

## Upcoming Events:

### Heart of Twisters Spirit Day

March 8th

Teams will go head to head to see who can raise the most funds for our CheerAbilities Teams!

### Reach the Beach - Ocean City, MD

March 28th-29th

MD: All Travel Teams

VA: All Travel Teams

### The Showcase - UMBC

March 29th

MD: Tiny Novice, Prep, Non Travel Level 1, Winter Cheer

VA: Tiny Novice, Mini 1, Winter Cheer

### All Star Challenge - Baltimore, MD

April 4th-5th

MD - Prep, Levels 1-4, except Mini

VA: Prep, Levels 1-5, except Mini

### Gym Closure

April 10th-12th

Both facilities will be closed for the Holiday. All Classes are canceled. Check with your Coaches regarding Practices and Instructors regarding Private Lessons.

## February's AOTM Nominees



### Camille Smythe - Weathergirls

"This is Camille's first year on a level 3 team. Throughout the season she has worked very hard to improve on her tumbling. Camille has secured her spot at point jumper, and she is one of our strongest and most reliable bases on the team. Camille is very quiet but once she hits the performance floor she makes her presence known. We have enjoyed watching her learn, embrace and excel at a new level this season. Thank you Camille for all of your hard work!"

~ Coach Bobbi

### Macey Rickman - Sprinkles

"Macey has always been dedicated, self motivated and a team player. She is coachable, always encourages her teammates with mat talk and always makes corrections the first time asked of her. She is consistently in the gym doing classes to make her tumbling even stronger and to reach the next skill goal. She never complains when we say full out, she gets excited and encourages others to do the same. She enjoys a challenge and she has made so much progress stunting since the first day. We are very proud of her success and improvement. Macey is going to go very far in this sport, with her dedication and passion."



~ Coach Shelby



# February's AOTM Nominees



## Kennedy Dosik – Surge

"Kennedy is a very hard worker and literally will do anything we ask her to. She bases in one section, flies in others, and never complains."

~ Coach Tom



## Harper Lee - Sunshine

"Harper has really grown as an athlete. She quickly learned a new dance. She responds to modifications in the routine like a much older athlete."

~ Coach Shelly



## Lily Reynolds - Supercells

"Lily is a pure joy to coach! She is a second year Cells athlete who is always willing to do whatever is best for her team! She is hardworking and consistent! When you watch her perform you can tell how much she genuinely loves this sport! We are lucky to coach athletes like Lily. She has a big future ahead of her and we love having a front row seat!"

~ Coach Kristen M.



## Megan Perrier - Sirens

"Megan is a new to Twisters athlete this year. Megan has grown tremendously since the summer. She has become more confident in her stunting and tumbling skills, but most importantly she always has a smile on her face and an encouraging word for her fellow teammates. She is an absolute pleasure to coach!"

~ Coach Kristin K.



## Lily Murcia - Dew Drops

"Lily is a veteran Dew Drop who has stepped into a leadership role this season. She went from being the youngest to one of the oldest and helping to guide the newer athletes. She sets an example to her fellow teammates while also being an amazing friend to all of them. Lily is a strong and hardworking cheerleader and watching her grow and come out of her shell has been amazing. Her passion and work ethic will take her a long way! We are so proud of you Lil!"

~ Coach Jess



## Madeline Healy - Breeze

"Maddy is a returning Twister athlete that is always working hard. She is fast to pick up on things when changes are made and always willing to be added in or help in any section. She has a great attitude and sense of humor. Always making her coaches and friends laugh. Maddy is a one of a kind athlete. Yell for Maddy! GO MADDY GO!"

~ Coach Blake

# February's AOTM Nominees

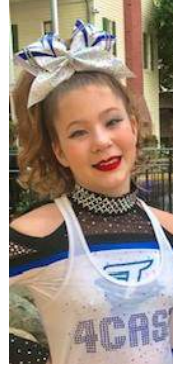
## Addison Spies - Lady Ts



"Addison was such an awesome addition to Maryland Twisters this year! As a first year twister Addison is exceeding our expectations. She comes to every practice happy, on time and ready to work. Addison takes corrections and is always striving to do better! She never complains and is always pushing for her stunts and tumbling to be the best they can be. We are so happy we have the pleasure to coach Addison and are excited to watch her excel in the Twister program!"

~ Coach Krissy

## Caitlyn Stone - Fourcast



"Caitlyn is a rock star!! She has one of the best attitudes and constantly strives to be a better athlete. In and out of practice and takes the time to improve, progress and perfect her skills. This being her first season at Maryland Twisters, and we are so lucky to have her! She is willing to take on anything we throw at her and is never afraid of a challenge. With her good work ethic and positive attitude makes Caitlyn has been an absolute pleasure to coach this year!"

~ Coach Delaney

## Karin McGinnis - Eye of the Storm



Karin McGinnis (a.k.a. "Smalls") epitomizes commitment, selflessness and comradery. Karin and her family suffered the tragic and painful loss of her father in December. Upon Karin's return after missing only one practice, she comforted her teammates and coaches during the team's opening prayer. She is constantly checking in with the athletes of Eye of the Storm, or as she always refers to them, "my friends." As a cheerleader, Karin has truly stepped up her game! She has worked to add more skills to be a strong and enthusiastic flyer. Her facials are a joy to behold and they get a wonderful reaction from the crowd. Karin never gives up in practice and is always ready to go 'one more time' - no one has improved more than she has. She is an example for us all!"

~ Mr. Kevin

## Auja Contardo - F5



"Auja is a quiet young athlete with a bright future ahead of her at Twisters. Although she is young, her skills are more advanced than her years. In a very demanding level 6 routine she performs many elite passes and is an elite flyer. Most of the time she pushes herself to go full out even if it not required. She is always open to critique and accepts it with bright eyes and a "yes" or an "ok". She is hard on herself when makes a mistake and always holds herself accountable to her teammates. Her quiet demeanor may come across as very tough but she is a gentle kid that works to please her teammates and her coaches. Auja was chosen as AOTM because she a hard worker, a fighter, and you know she loves Maryland Twisters and F5. Auja we are so proud of you and want you to keep up the good work!"

~ Coach Will

## Ravin Gibson - Thunder



"Ravin is a kid that is extremely versatile and never complains! We have had her backspot and base this season, wherever we need her. We have noticed her working on her own whenever she can on perfecting her standing tumbling technique. Your hard work isn't unnoticed, Ravin! Her positive attitude at practice goes farther than she may realize :) We are excited to see what a strong stunted and tumbler she will continue to grow into in this program!"

~ Coach Anna



# Club Zero Leaders

**First place ~ Supercells ~ 90 points**

**Second place ~ Lady Ts, Haze, Weathergirls ~ 70 points**

**Third place ~ Sprinkles, Whirlwinds ~ 65 points**

## Competition Totals

**Third Place finishes: 15**

**First Place finishes: 54**

**Summit Wild Card Bids: 2**

**Summit At Large Bids: 4**

**Second Place finishes: 36**

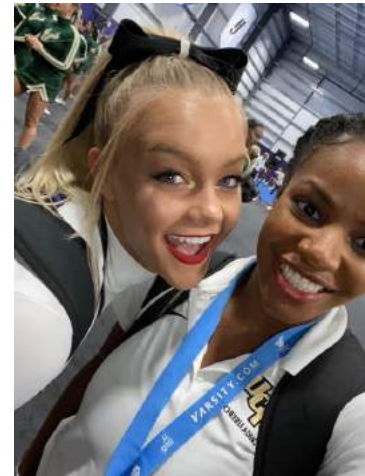
**Grand Champions: 5**

**At Large Worlds Bids: 1**

**Paid Worlds Bids: 2**

**Congratulations to our F5 alumni on winning UCA College Nationals!**

**Skylar Judd, 2016 F5 World Champion, is a freshman at University of Central Florida! She is pictured with her UCF coach Taryn Burke, who is also a 2011 F5 World Champion! So proud of these two and their amazing team! UCF is your Division 1A 2020 National Champion!**



**Congratulations to our February National Champions! Eye of the Storm, Mist, Perfect Storm, Haze, Whirlwinds, Cold Front, Supercells, Reign, Thin Ice**

