



QUAKE

MEDIUM SENIOR 5

Coaches

Chardae Barron, Robert Scianna & Zach Cabot

Practices

Thursday 6:30–9:30 & Sunday 12:30–3:30

First practice is Thursday, July 9th, 2020

Sunday practices start in August

2286	2296	2312	2321	2338
2340	2341	2348	2351	2362
2379	2381	2382	2400	2401
2407	2417	2422	2449	2453
2486	2487	2494	2498	