



SIRENS

SENIOR 4

Coaches

Shonte Thomas & Blake Gerardi

Practices

Thursday 6:00–9:00 & Saturday 11:00–2:00

First practice is Thursday, July 9th, 2020

Saturday practices start in August

5	28	39	58	100
105	127	147	151	154
202	211	215	232	241
244	245	261	274	333
336	346			