

# MARYLAND TWISTERS MoCo ATHLETE/PARENT HANDBOOK



*The decision is up to you, but only the best wear black and blue!*

**OVERVIEW** The Athlete/Parent Handbook outlines the expectations and requirements for all members of the Maryland Twisters. Failure to comply with the provided information will result in the consequences outlined in this Handbook, including fines, suspension, and expulsion from the program.

*We want our athletes to learn lifelong lessons in friendship, teamwork, time management, and community service.*

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## A Message from our Owners

We are excited you are considering Maryland Twisters as your new home. Welcome to our amazing family! We are celebrating our 25<sup>th</sup> season, making us the longest standing all-star program in Maryland and Virginia.

MDT's mission is to provide a fun and safe training environment when teaching tumbling and stunt skill progressions by level used for our competitive routines. Our staff helps teach athletes life lessons such as accountability, teamwork, good sportsmanship, respecting peers, and creating friendships. Our entire MDT community is called upon for service to assist our special abilities program with fundraising opportunities.

We look forward to training your athletes for season 25! Welcome to the black and blue crew!

**Mission:** MDT is a competitive cheer community which invests in the whole child by teaching life lessons that will inspire our youth to be better athletes, selfless teammates, and purposeful, confident leaders.

**Vision:** Our vision is to be known in our community as a safe haven for kids to grow their passion for cheerleading

**Motto:** Trust the Process

**Values:** Accountability, Communication, Pride, Perseverance, and Relationships



## Valuables in the gym

Twisters will not be responsible for any lost or stolen items. This includes cell phones which are not permitted on the training floors.

## 24-HOUR RULE

### Who and how to report a coaching concern

Before approaching a coach with a concern that upsets you, please wait 24 hours to calm down before contacting the coach.

For emergencies, you may contact them by phone or text. We strongly advise not to contact them on their personal phones past working hours to address a concern.

## Code of Conduct for Athletes & Parents

All members of our program (Athletes and Parents alike) are bound by the policies described below. Breaking any of these codes may result in dismissal from the program.

### Bullying Policy

The Maryland Twisters has a Zero Tolerance Policy for bullying of any kind, including on social media/letter format, or texting. If you discover that your child has been subjected to bullying, please let your coach know immediately. The protocol in this situation will be:

1. Discuss the matter with the parent whose child is being bullied.
2. Determine if a meeting with both parents is necessary, both children and coaches are needed to clear the issue, OR determine if the accused will be immediately dismissed.
3. If the meeting determines the accused will stay in the program, it is understood that one more accusation will result in dismissal from Maryland Twisters with no plans of ever returning.

### Social Media Expectations

- No athlete or parent may post inappropriate messages or throw shade on any social media about another program or individual, or Twisters coaches and staff.
- MDT teams do create & use private groups on FB as a way to share communication to the parents and training videos to the athletes. Athletes cannot post inappropriate images such as sexual/nude photos, no photos showing drug or alcohol use (actual or implied), no photos showing inappropriate or vulgar gestures.
- Use of inappropriate music (including lipsyncing) on any social media platform (i.e., Tik Tok, etc.) is strongly frowned upon.
- Anyone linked to an anonymous (ANON) account on social media may be subject to dismissal from the program.
- No Twisters team videos are allowed to be posted on YouTube or any other website without permission.
- **\*\*PARENTS: CHECK YOUR CHILD'S TIK TOK ACCOUNT.\*\***

Coaches and parents cannot direct message a minor athlete on social media.

### Athlete Behavior

- Show respect for the coaches, fellow teammates, other Twisters athletes, parents, judges, officials, and spectators. Disrespectful behavior will result in dismissal.
- Demonstrate good sportsmanship before, during, and after competitions
- Treat all athletes and coaches from opposing teams with respect
- Be modest when successful and be gracious in defeat
- Abstain from using drugs, tobacco, electronic smoking devices, alcohol & abusive language.
- Do not under any circumstances ever hit another athlete or coach.

### Parent Behavior

- All parents must treat all staff with respect, including the team representative & office staff. Should a parent promote disrespectful behavior, he or she will be asked to leave the Twisters program immediately. **THIS INCLUDES SOCIAL MEDIA.**
- The gym viewing areas are a privilege. Gossiping about another athlete, coach, or family in the viewing area will not be tolerated and will result in being put on "drive by" status meaning the parent drops off their athlete for practice and is not permitted to stay at the gym.
- Parents are allowed in our lobby & viewing areas but not in the practice areas.
- No videotaping.
- Encourage good sportsmanship by demonstrating positive support for all athletes, coaches, fans, and judges while in our viewing areas and at competitions.
- Place the well-being of your child and their team before your personal desire to win.  
Advocate for a sports environment for your child that is free of drugs, tobacco, alcohol, & abusive language, and refrain from their use during practices and competitions.

### Parent Behavior (continued)

- A coach has the right to dismiss your athlete from the Twisters program for any of the following reasons: inappropriate behavior, too many absences, a pattern of lateness, not showing up for a competition, or for delinquent payments of tuition, Allstar fees, uniform or practice wear fees.
- It is the parents' responsibility to know what is going on with our squad. Check and read your emails and check the website regularly.
- Parents, relatives, friends, etc., are not allowed to approach a coach with disrespectful comments at a competition and/or at, before, or after practice. It will result in dismissal from the program. If you have an issue with a coach, please send an email or call the office to schedule a private meeting.
- Encourage your child to play by the rules and respect the other teammates, athletes, coaches, judges, officials, and other parents.
- We will not accept any threat of quitting or pulling a child.
- No one is allowed to yell onto the floor or try to make contact through the viewing area window during practices or tumble classes. This is extremely distracting to all involved.
- We will not tolerate pettiness, gossiping, or cliques that attempt to slander the "Maryland Twisters" name. Parents displaying improper behavior will be dismissed from the program immediately and will not be allowed to return the following year.
- Athletes CAN be dismissed from the program due to the poor or disrespectful behavior of their parent(s).
- No parent may ever reprimand or discipline someone else's child. We will handle all disciplinary problems privately and professionally.

If you have any questions or concerns that need immediate attention, please use the following chain of command for team or practice related issues: 1. Team Coach, 2. Gym Manager; 3 Owner/Vice President. For other issues, please contact the office.

### Practice Expectations

- If you are running LATE to practice, you must call or text to inform your coach and copy your Team Representative.
- Athletes are not permitted in the training facility until 15 minutes prior to their practice time.
- No food, gum, candy, or sodas are permitted in the gym area. Only water and Gatorade are allowed.
- Practices may be changed or added at any time during the season with proper notice. If a practice is cancelled due to holidays, weather, etc., make-up practices may or may not be added at the discretion of the Program Director.
- Formal practice attire will be worn to all assigned practices.
- NO ABSENCES ALLOWED THE TWO WEEKS LEADING UP TO A COMPETITION! Coaches reserve the right to replace an athlete who misses practice the week of an event.
- Athlete cell phones must be placed in the team box or turned off and put away during practices. Parents who need to reach their athlete may call the office or the Team Rep.
- Please schedule college visits before the competition season starts. If this is not possible, your visit must not conflict with scheduled practices or competitions. Keep in mind that extra practices will be scheduled for March and April. An absence for these events is unexcused. (Exceptions will be handled on an individual basis.)
- The coaches reserve the right to close practices at any time for any reason.

### The Twisters schedule is your first priority

High school cheer cannot conflict with your 1-night-a-week practice day.

**NO ONE IS PERMITTED TO DO SPRING SPORTS (January – April).**

### Injuries/Illness Return to Play

- Sickness/Injury: A written doctors note is required for it to be excused. A return to play date must also be provided.
- All injured athletes need to provide coaches written documentation of the diagnosis, if the athlete is out or has modified duty and release date. Some common cheer injuries are sprains, concussions, & breaks.
- If the original doctor's note does not indicate when your athlete is released, your athlete cannot return to the floor without another note medically clearing them for full participation.

### Lateness picking up your athlete

Parents have a 15-minute grace period to drop off or pick up their athlete before and after practice, class, or a private. For each additional 15 minutes or part thereof beyond the grace period, you will be charged a \$10 fee. More than three early drop-offs/late pick-ups may result in the athlete being removed from the program.

### Competition Expectations

- All athletes will arrive at the assigned meet time on time.
- All athletes, parents & coaches will represent MDT with good sportsmanship at all events. Win or lose.
- You are required to attend all competitions. NO EXCEPTIONS.
- All athletes will wear MDT attire or colors over their uniforms. Athletic attire is required, no pajama pants.
- Parents are encouraged to wear Twisters gear.
- Know your audience when discussing competitors in hallways and elevators. You never know when a judge is listening.
- Support/cheer for other MDT teams if the venue allows.
- Parents cannot contact judges or competition company staff. Any event questions can be directed to your coach.

## Disciplinary Action Plan

Maryland Twisters will normally adhere to the following progressive disciplinary process:

1. **Verbal Warning:** An athlete will be given a verbal warning when a problem is identified that justifies a verbal warning or the athlete engages in unacceptable behavior. Verbal warnings are documented and placed in the athlete's file and the parent is notified by the coach.
2. **Written Warning:** A written warning is more serious than a verbal warning. A written warning will be given in email format when an athlete engages in unacceptable behavior. Written warnings are maintained in an athlete's file and an email copy is given to the parent.
3. **Removal:** An athlete will be removed from a team when he or she engages in conduct that justifies removal or does not correct the matter that resulted in less severe discipline. Please note: dismissal from the program for any reason is subject to the \$500 Inconvenience fee.

While Maryland Twisters will generally take disciplinary action in a progressive manner, it reserves the right, at the coaches' discretion, to decide whether and what disciplinary action will be taken in a given situation. Maryland Twisters management reserves the right to dismiss an athlete from the program at any time due to policy infractions.

## Attendance Policy

Excessive or frequent absences are frowned upon. If your child has an attendance issue, it will affect your child's role on a team. Examples include changing stunt position, tumbling position, or removal from the program. This is at the coach's discretion. A child can be removed from a team at any given time based on attendance.

Repeated absences are grounds for dismissal from the program. A master attendance log is kept throughout the year to record all absences and the nature of the absence. Any family visitation arrangements must be made known immediately. This applies to full year and Winter Teams.

## ABSENCES

All absences will be counted, including a contagious illness with a doctor's note, sickness/cramps, school related functions that reflect a grade, death in the family, jobs, family reunions, school projects, homework.

**APPROVAL:** All pre-planned events/vacation must be shared with your child's coach for approval. Our coaches may consider approving life events (that don't conflict with a competition) such as one vacation, school awards ceremony, a wedding, SAT/ACT testing, college visits. We will not approve absences for high school games, birthday parties, concerts. Any frequent requests will be considered excessive.

**Summer Attendance Policy** (June, July, August) Athletes are expected to attend practice regularly until the end of the academic school year for Montgomery County Public Schools (June 17). Athletes who will travel or attend extended sleepaway camps in the summer must provide coaches with these scheduled in advance. When athletes are home, they are expected to attend practice. It is impossible for coaches to plan effective practices if they do not know who will be in attendance. Remember- your child's presence or absence effects their entire team.

**In-Season Attendance Policy:** (Sept - April) Athletes are discouraged from missing practice during this time (unless it's an illness). Absolutely NO ABSENCES ALLOWED THE TWO WEEKS BEFORE A COMPETITION! Repeated absences are grounds for dismissal from the program. Should an attendance issue arise, an in-person meeting will be scheduled with coaches, ownership, athlete, and parents to discuss what is preventing regular attendance. Plans made during such meeting must be adhered to. Any special circumstance must be approved by your team coach. High school sport events are not a priority to MDT.

**Winter Team Attendance** Winter team athletes must follow the same Attendance Policy as full year athletes. Absolutely NO ABSENCES ALLOWED THE TWO WEEKS BEFORE A COMPETITION! Repeated absences are grounds for dismissal from the program.

**No vacations are allowed in April for Worlds teams and teams going to post season events.**

## Team Representatives – How we Communicate

Each team has a Team Representative who serves as volunteer liaison between the gym owners, coaches, and the parents.

Team Representatives are not employees and are not the voice of the coaches. They are volunteer positions assigned to help with communications and paperwork only. Team Representative contact information will be given out after team assignments.

Team Reps are expected to follow all Twister policies and procedures. Team Reps can be dismissed at any time at the discretion of gym management.

## Proprietary Information & Copyrights

- The Twisters Logo and team names are copyrighted. No one can reprint our logo or team names on any apparel or other items for distribution or sale.
- If it is discovered that you have printed anything without Ownership's knowledge and consent, you will be in violation of trademark use and they will be forced to pursue legal action.
- All items will be sold through our Pro Shop only.
- TEAMS ARE NOT PERMITTED TO CREATE THEIR OWN LOGOS FOR TEAM NAMES!
- No soliciting. The sale or distribution of any outside products is not allowed at our facility without permission from Ownership.

## Spirit Gifts

Any items on which you want the Twisters logo or any team names MUST be ordered through the Pro Shop.

Teams may NOT design their own logo for their team and use it on apparel or gift items.

★ **Under no circumstances can you use the Twisters T or team name – NO EXCEPTIONS!**

Tara Rall owns the trademark for Twisters, including all team names and the Twisters logos. She also has a separate trademark on F5 for this industry. If any items are printed using the Twisters logos or any team names without her knowledge and approval, you will be in violation of trademark use and she will be forced to pursue legal action. ★

## Product Ambassadors/Industry Spokesmodels

Product Ambassadors/Industry Spokesmodels (i.e., Infinity Legends, Varsity Fashion/Fashionista, Epic Athletes, etc.) Any athlete who is invited by an industry vendor to be a model or spokesperson MUST get Tara Rall's approval BEFORE signing any industry vendor contract and MUST submit a list of specific appearance dates required by the industry vendor prior to any athlete signing.

Tara Rall reserves the right to disallow any dates that conflict with Twisters practices, choreography, camps, and competitions. Failure to adhere to this policy is grounds for dismissal from the team.

## Choreography:

Routine choreography dates will be scheduled for late August-Mid September. These dates are mandatory. Choreographers are typically brought in from out of state and there is no leeway in their schedule. We will avoid holidays when scheduling but have no flexibility related to other events (football games, trips, etc.). Maryland Twisters choreography should never be copied or taught to anyone without the consent of Maryland Twisters MoCo. This includes any and all portions of music selections and editing. No videos of routines/choreography should ever be uploaded to any online site such as YouTube or Facebook. Violation of this rule or the theft of music is grounds for immediate dismissal.

## Uniforms & Practice Wear

Athletes will purchase their uniforms and practice wear through Maryland Twisters.

A uniform deposit of \$300 will be due August 1. The uniform costs for Level 1 through 6 will be approximately \$550. The cost for Tiny Novice uniform is \$75.

Practice Wear will be custom to each team. The cost will not exceed \$100 for the set.

Hair and Make-up - Your coach will instruct on you your team's hair and make-up requirements.

**NOTE:** During the competition season, athlete may NOT have brightly colored hair, i.e., blue, green, pink, orange, purple, etc. Nails must be plain or a neutral color and must NOT be too long.

## Crossovers, Alternates & Injured Athletes

**Crossovers for the season:** Any athlete who crosses over to another team to compete will be REQUIRED to pay the crossover fees charged by the competition companies. An athlete crossing over may or may not continue throughout the season. The coaches & Program Director reserve the right to change an athlete's crossover status. Uniforms for crossovers: A crossover athlete may be required to rent or purchase a uniform for their crossover team. Note: coaches cannot make exceptions to the crossover fees.

**Fill-ins: If a coach asks your athlete to "help out" for a competition as a fill-in please know there WILL be a fee associated with that.** Fill-ins for an injured athlete must be approved by Patrice Cotman. The parent must agree to pay additional fees such as competition fees, uniform rental (if a uniform is available), competition prizes, etc. Every situation is different and will be addressed on an individual basis

Post season events for crossovers – management will determine the best fit for the crossover athlete. The athlete will not decide what team to compete with.

**ALTERNATES:** Tuition for alternates is \$125 per month. If an alternate athlete is put into a competition, they must pay the competition fee and uniform rental (if one is available) or they may be required to purchase a uniform if one is not available to rent for that competition. Alternates typically consist of injured athletes or athletes with a loss of skill. Coaches will determine practice and competition attendance expectations.

If an athlete is offered an alternate position or a different team assignment and declines it, any monies paid to date are non-refundable, and the athlete is subject to the Inconvenience Fee of \$500. This includes tuition, Allstar fees, Worlds fees, Summit fees, or any fees associated with award events.

**Injured Athletes:** If an injured athlete wants to accompany their team to a competition and be able to stay with the team in the warm-up area, etc., the athlete must pay the full tuition and competition fees. If the original doctor's note does not indicate when an athlete is released, the athlete cannot return to the floor without another doctor's note medically clearing them for full participation. We handle injured athlete fees on a case-by-case basis.

## Travel Event Expectations

All athletes on travel teams must adhere to the following guidelines:

- All athletes **MUST** stay with a parent, guardian, or designated chaperone.
- Parents will provide airfare reservations for their athlete. Airfare itineraries must be given to the Team Rep prior to departure.
- All athletes will follow the curfew set by their coaches.
- Plan to travel on Friday of an event, and not earlier. We always practice before we leave town. Check with your coach about the schedule prior to booking travel.
- All athletes must be at practice the week of the competition.
- The use of drugs, tobacco, alcohol, electronic smoking devices & abusive language is prohibited. This behavior will result in immediate dismissal from the Twisters program. No excuses or exceptions.
- All athletes and parents will demonstrate good sportsmanship at all times to our staff, parents, judges, officials, spectators, and opposing teams/parents.
- All parents are expected to sit together in support of all Twister teams.
- All athletes are expected to arrive by 4:00 p.m. on Friday for Spirit of Hope, Charlotte (if it is on the competition schedule) because the team may practice that evening.
- For other 2-day national events, please arrive by 8:00pm on Friday.
- All travel teams may be required to travel out of state. All athletes are responsible for travel accommodations. Airfare and other travel expenses are in addition to the monthly payment schedule.

Leaving for away competitions:

- Although your team may not have a regularly scheduled practice on a Thursday or Friday night, coaches may call an extra mandatory practice prior to a competition. **DO NOT** make travel arrangements before you check with your coaches about extra practices!
- We repeat: **NO ABSENCES ALLOWED THE TWO WEEKS BEFORE COMPETITIONS.** Coaches reserve the right to replace an athlete who misses practice the week before a competition.

### **Hotel Blocks**

- Prior to the start of a competition season, we will email out our hotel block information. It is not required that you book your reservations within our hotel block **EXCEPT** if the competition is a Stay-to-Play event.
- If it is a Stay-to-Play event, you **ARE** required to stay at one of the hotels on the approved list **AND** you **MUST** book your hotel through the designated housing company.  
**→ Teams & individuals that do not abide by this policy will be ineligible to participate. NO EXCEPTIONS!**
- For some blocks, there will be multiple hotel options. Pick whichever you prefer.
- Reservations should be made ASAP once the hotel information is made available to ensure enough rooms are in the block for all our families. There are booking deadlines to every block and reservations are first come, first served.

**NOTE about hotel/airfares:** Our recommendation is to NOT book non-refundable airfares or hotels. Our competition schedule is subject to change. MDT is not responsible for any airfare or hotel expenses incurred by parents if a competition is taken off the schedule.

## COMPETITIONS & END OF SEASON EVENTS

The competition schedule will be available sometime in August. Competitions may vary for teams and gym locations. Please note that the competition schedule may be subject to change at the recommendation of management only.

**AWARDS** Athletes must be at awards ceremonies (if venue allows). If we win a jacket, or a prize, the athlete needs to be there to receive it. You cannot leave before awards.

**CASH AWARDS** Any cash awards that teams receive at any competition will go directly to the gym. It is up to the sole discretion of the gym owner whether or not cash awards are used to offset team costs for awarded events or as a credit on athlete accounts.

### **Bids to Summit, The One or any post season event (Full Paid Bids do not cover all the expenses to attend.)**

This competition is **NOT** included in the Allstar Fees. Pricing and due dates will be provided at time of the bid. **WE RECOMMEND THAT PARENTS START SAVING FOR THESE POST SEASON COMPETITIONS AT THE BEGINNING OF THE SEASON.**

Whether a team receives a paid bid or an at-large bid, parents are responsible for any additional costs associated with attending Summit (airfare, additional costs for rooms, etc.) including covering expenses for coaches. Paid bids generally do not cover the full cost of attending the competition.

If a team receives a Summit bid and then a bid to another awarded event (i.e., The One, The Finale, US Finals, etc.) the Summit bid takes precedence and the team will not attend the other competition.

## COMPETITIONS & END OF SEASON EVENTS (continued)

**PLEASE NOTE:** If a team gets a paid bid for Worlds, Summit, etc., the bid monies go to athletes who take the floor at that competition. Example: An athlete is injured prior to the post-season event & a fill-in replaces them. The paid bid goes to the athlete who replaces the injured athlete. The injured athlete may attend the event as an injured athlete on the roster but must pay the fees to attend.

If you commit to attend a post-season event and then decide not to go, any monies paid are NON-REFUNDABLE.

If a team gets an At Large or a Paid Bid, at least 75% of the team must agree to attend. Athletes who cannot attend will be replaced on the team.

### **Winter Teams:**

Winter teams will NOT attend The One, The Finale, US Finals, or any other awarded event even if they receive a paid bid. These additional competitions require significant added expense to the parents. Winter teams are designed to keep the time and financial commitment lower for athletes and parents.

## Bids to Post Season Events

★ **At-Large Bids to Worlds or Summit:** There will be additional money due above The Worlds or Summit Registration Fee. These costs will be calculated after teams receive their bid and will be due by due dates established, but no later than mid April.

★ See the Financial Policy & Information section for information about fees to The Summit, The One, US Finals and any other awarded event.

★ **Please note: Coaches cannot offer discounts or waive fees of any kind.**

Coaches do not have the authority to offer discounts of any kind to athletes at any time. Coaches cannot waive tuition, Allstar fees, or fees associated with filling in on a team.

## Financial Policy & Information

Athletes must hold an account in IClassPro and have valid billing information linked to their account. Fundraising will be offered several times during the season. Fundraising credits are applied to your account in IClassPro and will be debited FIRST prior to charging the card on file. There are no refunds given at any time for Fundraising Credits.

Failure to meet the deadline for payments, and lack of reasonable and fair communication regarding payment, will result in your child's loss of services (sitting out of practice) and/or dismissal from the program. Please note: coaches reserve the right to replace the athlete if this happens.

**Payments are due on the 1<sup>st</sup> of the month. You have a grace period until the 10<sup>th</sup> of each month. After that, you will be charged a \$25 late fee.**

## Financial Policy & Information (continued)

If your account is delinquent, Twisters reserves the right to:

- Withhold services, i.e., sitting your athlete out of practice
- Restrict scheduling of private lessons and/or classes until your account is brought up to date
- Withhold uniforms, practice wear, warm-ups, bows, etc.
- Restrict Pro Shop in-house purchases and pre-order purchases
- Withhold team & individual pictures
- Withhold travel accommodations payments made through Maryland Twisters

Any funds paid towards the above will be forfeited and applied to the athlete's past due account.

## INCONVENIENCE FEE

Any athlete quitting during or after August 1<sup>st</sup> will be charged a \$500 Inconvenience Fee and will not be refunded any monies paid. The athlete will also be required to pay any current balance on their account. If an athlete has a scholarship, the balance on their account will be reflective of FULL TUITION, not the subsidy. This includes tuition, Allstar fees, Worlds fees, Summit fees, or any fees associated with award events. Athletes who decline an alternate position are also subject to the Inconvenience Fee. The Inconvenience Fee applies to Winter Team athletes also.

Dismissal from the program for any reason is subject to the \$500 Inconvenience Fee.

Winter teams: The monthly fees for Winter Teams are inclusive and cannot be pro-rated for partial months. There are no refunds for missed competitions or for injuries on Winter Teams. If your athlete is injured and wants to stay on the team, the full monthly tuition must be paid. Winter Team athletes will be subject to the Inconvenience Fee of \$500 if they quit any time after January 1<sup>st</sup>.

## ADDITIONAL PAYMENT INFORMATION

- Maryland Twisters is not responsible for reimbursing travel expenses to team members or individuals in the unforeseen cancelling of an event, athlete's loss of skills, or athlete's removal from the Program.
- Please note that all competitions are subject to change and all monies are NON-REFUNDABLE. If a competition is cancelled by Maryland Twisters, we will make the decision to replace it with a comparable event if we are able to, and we will adjust fees accordingly.
- Phone calls and emails for delinquent accounts and past due letters are a courtesy. A payment schedule is supplied at the beginning of the season, and it is your responsibility to make your Twisters payments on time and in full.
- Returned checks must be reimbursed (payable in cash or by credit card only) to Twisters immediately along with a \$35 return check fee. Two or more returned checks to an account will result in a cash only, money order, or credit card (with processing fee) payment requirement.
- All payments are NON-REFUNDABLE. Maryland Twisters reserves the right to turn over all delinquent accounts to a collection agency, and the parent/athlete will be responsible for all additional costs incurred.



## Gym Closures for 2022-2023 Season

During the dates listed below, all classes will be cancelled. Some team practices and private lessons will still occur during gym closures. Check with your coach to be sure.

Memorial Day 2022	Closed Friday, May 27 – Sunday, June 5. Reopen on Monday, June 6
Independence Day 2022	Closed Friday, July 1 – Friday, July 8. Reopen on Monday, July 11
Labor Day 2022	Closed Friday, September 2 – Monday, September 5. Reopen on Tuesday, September 6
Thanksgiving 2022	Closed Wednesday, November 23 – Friday, November 25 Reopen on Saturday, November 26 for team practices
Christmas 2022 & New Year's 2023	Closed Friday, December 23 – Friday, December 30 for classes only. There is a modified team practice schedule during this week. Reopen for regular team practice and classes on Monday, January 2.
Easter/Passover 2023	Closed Friday, April 7 – Sunday, April 9. Reopen on Monday, April 10, 2021
Jewish Holidays	Excused absences, provided you notify coaches

### Incllement Weather:

Gym closings will be posted 2 hours prior to the scheduled opening on the home page of our website and on social media. Check the website before you head to the gym.

Please note: We do NOT follow the county closings in Maryland or Virginia because we have athletes from many different counties and states.